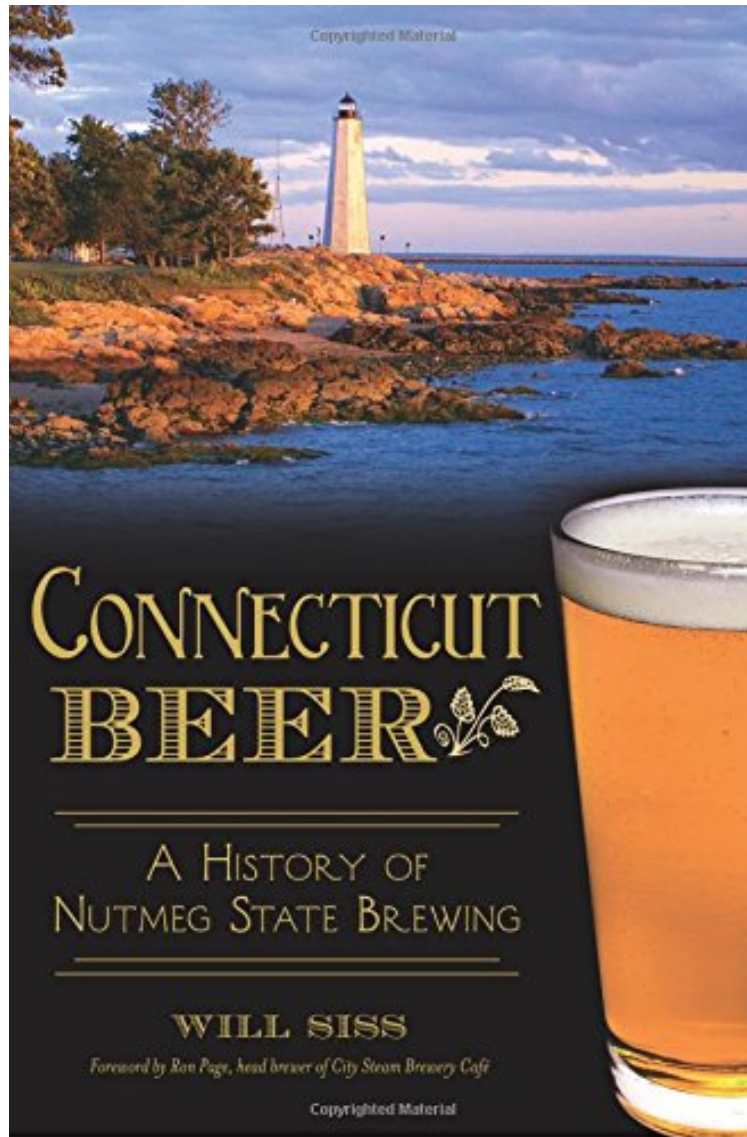


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## Connecticut Beer: A History of Nutmeg State Brewing (American Palate)

Will Siss

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The history of the frothy beverage in Connecticut dates back to early colonists, who used it to quench their thirst in the absence of clean drinking water. So integral was beer to daily life in the colony that government officials and militiamen congregated in taverns like the General Wolfe to talk laws and business over pints of ale. Over the next two centuries, the number of breweries rose and then declined, especially after Prohibition. It was not until the 1980s that homebrewers brought this vital Nutmeg State tradition back to life, hatching the likes of New England and Cottrell Brewing Companies, as well as brewpubs including City Steam and Southport Brewing. More recently, small operations with one or two people, such as Relic and Beard, are changing the landscape again. Connecticut beer writer Will Siss introduces readers to the hardworking people who keep the breweries and beer bars inviting and the hoppy history alive.