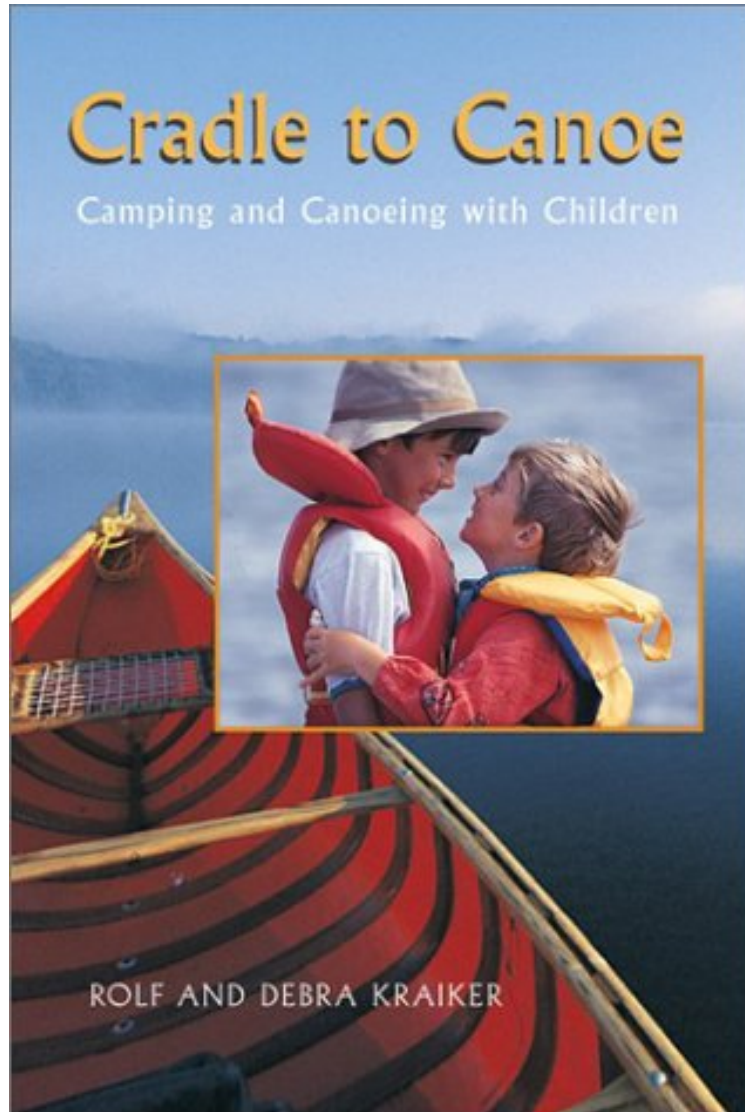


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Cradle to Canoe: Camping and Canoeing With Children

Rolf Kraiker, Debra Kraiker

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Rolf Kraiker, Debra Kraiker : Cradle to Canoe: Camping and Canoeing With Children before purchasing it in order to gage whether or not it would be worth my time, and all praised Cradle to Canoe: Camping and Canoeing With Children:

0 of 0 people found the following review helpful. Wonderful resource!By Debra A. KellerThis is a fantastic book with great ideas for taking young children canoeing and camping. Having a new grand daughter, I wanted to get her started on the joys of the outdoors as soon as possible. I couldn't find a lot of helpful information online, but this book is a gold mine. While the pictures and some of the equipment shown is a bit dated, the information is right on. Tips such as

giving the child their own little paddle (but tie it to the boat!) are great for creating tiny outdoor enthusiasts. Can't wait for our first trip.....the baby turned 1 this spring!3 of 3 people found the following review helpful. Worth it just for the checklistsBy BirkieThe overall content of the book is decent. The author clearly knows their stuff about camping/canoeing with babies toddlers. There's lots of books out there on how to car-camp with your kids, this was the best book I found talking about really camping - tents, wilderness, no water, no bathroom type of camping. Makes it a rare gem. The most useful part for us was the checklists in the back. We've gotten waaaay better at not forgetting things because of those lists.0 of 0 people found the following review helpful. Excellent information, and an easy readBy Nicholas M. MohrVery good descriptions and ideas of what you can expect from kids of all ages, as well as how to prepare for the outdoors with them, or even a long trip of any type! Great book for parents to read before they try camping with little ones to prepare instead of fear!

You're never too young to go camping and canoeing. Certified canoeing instructors Rolf and Debra Kraiker have paddled thousands of miles together. Their sons, Kyle and Brendan, ages 9 and 12, have logged more wilderness miles than most adults three times their ages. In this compilation of practical advice and personal anecdotes, the Kraikers, both certified canoeing instructors, provide expert guidance on such topics as introducing children to the wilderness, preparing formula in the bush, choosing and packing food, selecting the right camping gear and clothing, training young paddlers, ensuring safety in all situations, and campsite activities to keep young campers, from infant to teenager, occupied and entertained.

About the Author Photographer and cinematographer Rolf Kraiker has been passionate about nature since early childhood. His films, which have aired as parts of popular nature series on the Discovery Channel, the Family Channel, and Global Television, have led the Kraiker family to camp and canoe in most regions of the continent. He is a former director of the Canadian Recreational Canoeing Association and an instructor in whitewater and flatwater paddling and canoe-tripping. Educator Debra Kraiker works with pregnant teenagers and young parents. She has an extensive background in family studies, child development, nutrition, and environmental science. She also teaches canoe-tripping and lakewater-style paddling. Her photographs have appeared in such magazines as Nature Canada, Kanawa and Northern Lights.