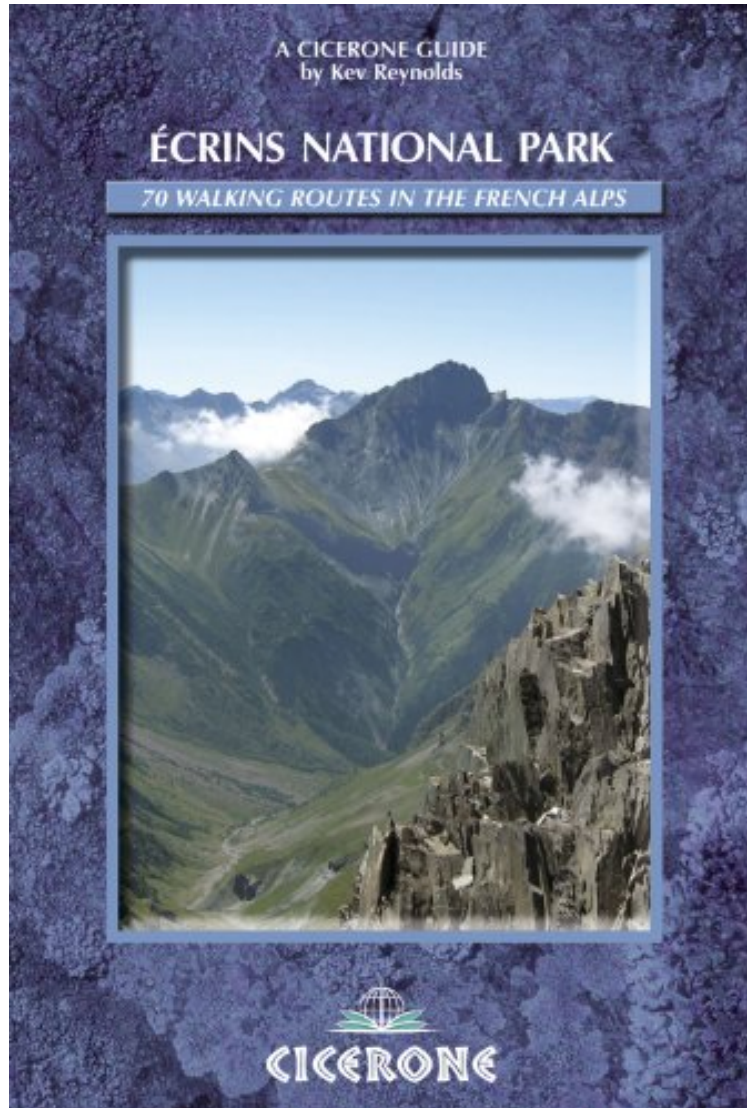


[E-BOOK] crins National Park: A Walker's Guide (Cicerone Guide)

crins National Park: A Walker's Guide (Cicerone Guide)

Kev Reynolds

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Kev Reynolds : crins National Park: A Walker's Guide (Cicerone Guide) before purchasing it in order to gauge whether or not it would be worth my time, and all praised crins National Park: A Walker's Guide (Cicerone Guide):

0 of 1 people found the following review helpful. Two Stars By Susan Does not include the south park with walks from Dormillouse. 3 of 4 people found the following review helpful. A good guide for a trek, not so good for day hikes By K. Kravetz This book is fine for what it is, but it did not suit my purposes. I was looking for good day hikes in the Ecrins, with descriptions of routes and objectives. Was a particular hike strenuous, moderate, or easy? How long was it and how long would it take? Was it in a valley or along a ridge? Did it provide views or notable points? What lay at the

end (a lake, a refuge, a peak) and was there anything especially nice or notable? This book is for someone taking a longer trek, from one point to another, with descriptions of how to follow the trail in each segment. So, it is a good guide for that purpose, but just not what I was looking for.

This guidebook describes 70 mountain walking routes in the crins National Park in south east France. Easily reached from Grenoble, the Massif des crins is one of the most spectacular regions in all the Alps. Most of the area is a national park, containing bold mountains hung with glaciers, and more than 100 summits over 3000m high. The park offers a profusion of alpine flowers, and romantic old villages and hamlets huddle in the valleys. This is mountain country par excellence, but hundreds of kilometres of well-marked trails and a network of alpine huts make it accessible to walkers. The highest peaks form a block at the very heart of the range, with a diverse assortment of valleys surrounding or spreading from it - Valle de la Romanche, Valle de la Guisane, Valle de la Vallouise, Valgaudemar, Valjouffrey and Valle du Vnon. For this second edition of the guide, Kev Reynolds has chosen the best routes from each of these valley bases. This guide describes 70 full- and half-day walks in France's largest national park, suitable for all experienced walkers, from alpine novices to experts, with useful information on refuge accommodation and all other aspects of walking in the region.

'The book will be invaluable to those visiting the area for the first time and wanting a one, two or more centre walking holiday, rather than moving on day by day along a long distance trail. The work is of the usual high standard now expected of Britain's most prolific guidebook writer to the Alps. There is plenty of information about the area and the book is well illustrated with both colour and black and white photographs, which demonstrate the beauty of this superb region of the French Alps.' (Alan Castle, Strider) 'This guide covers the five main valleys of the Ecrins ... and describes 70 of the best walks in the region...aimed not only at the experienced Alpine walker, but also at the active hill-walker visiting the Alps for the first time.' (High)About the AuthorA lifelong passion for the countryside in general, and mountains in particular, drives Kev's desire to share his sense of wonder and delight in the natural world through his writing, guiding, photography and lecturing. Spending several months each year among various high mountain regions researching guidebooks, makes him The Man with the World's Best Job; a title he aims to keep by remaining active for another 100 years at least. Kev has enjoyed a fruitful partnership with Cicerone since the 1970s, producing walking and trekking guides to the Pyrenees, Alps and Himalaya, as well as walking guides for Kent, Sussex and the Cotswolds and he has several more books in the pipeline. A frequent contributor to outdoor magazines, he also writes and illustrates brochures for national tourist authorities and travel companies. When not away in the mountains, Kev lives with his wife in a small cottage among what he calls 'the Kentish Alps' with unrestricted walking country on the doorstep. But he also travels throughout Britain during the winter months to share his love of the places he writes about through a series of lectures. Check him out on www.kevreynolds.co.uk