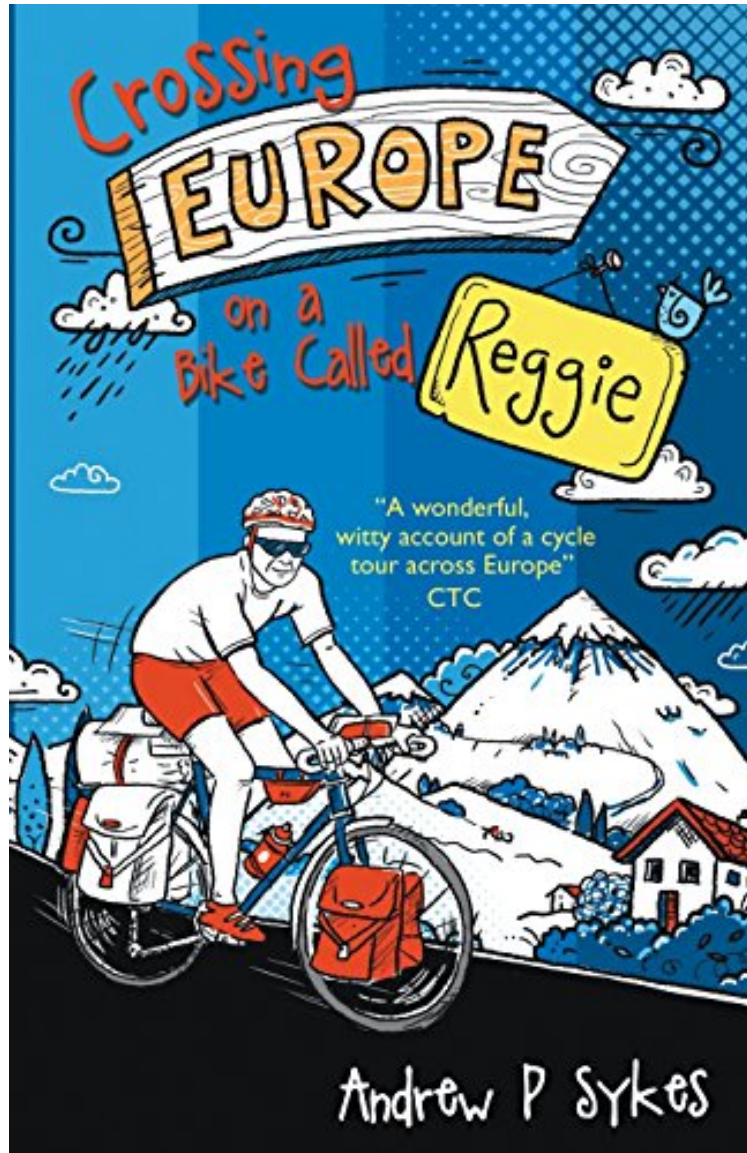


Crossing Europe on a Bike Called Reggie

Andrew P. Sykes

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Andrew P. Sykes : Crossing Europe on a Bike Called Reggie before purchasing it in order to gage whether or not it would be worth my time, and all praised Crossing Europe on a Bike Called Reggie:

"A truly inspirational read." "Good Vibrations does exactly what it says on the tin. That's exactly what I felt when I read it. It'll entertain, amuse and inform a host of aspirant travelers and armchair explorers like myself." "The author

writes with warmth and wit, and does an excellent job of capturing every emotion, every landscape." "If this book doesn't inspire the reader to jump on their bike and go....nothing will." The academic year must have been a difficult one as when the summer holidays arrived, secondary school teacher Andrew Sykes was happy to do as little as possible. But while sitting on his sofa watching the exploits of the cyclists at the Great Wall of China at the Beijing Olympics, he realised the error of his ways and resolved to put a bit more adventure into his life. Two years later, accompanied by his faithful companion Reggie (his bike) but only a rudimentary plan, Andrew set off for a trans-continental cycling adventure that would take him along the route of the Via Francigena and the Eurovelo 5 all the way from his home in southern England to Brindisi in the south of Italy. There were highs and lows, rain and shine, joy and despair and they are all recounted here in a light-hearted, brisk style.