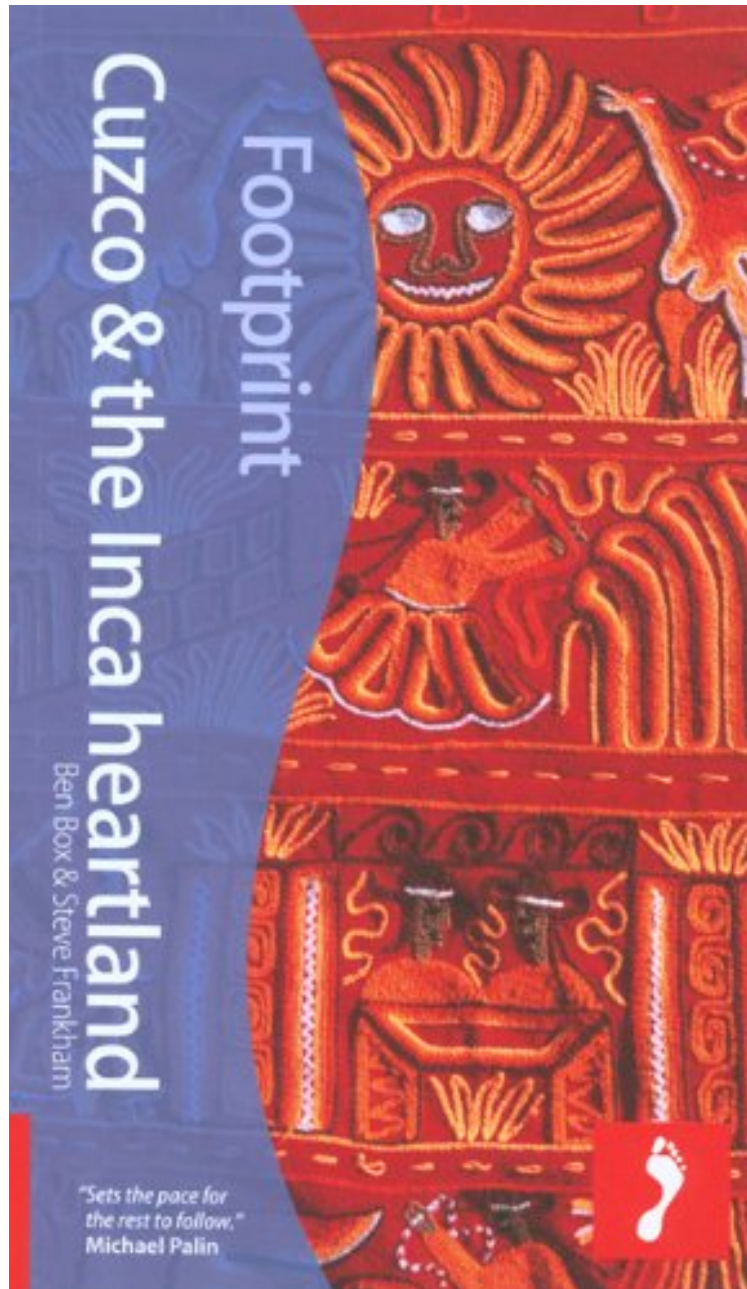


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## Cuzco the Inca Heartland, 4th: Tread Your Own Path (Footprint - Travel Guides)

*Ben Box, Steve Frankham*

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before purchasing it in order to gauge whether or not it would be worth my time, and all praised Cuzco the Inca Heartland, 4th: Tread Your Own Path (Footprint - Travel Guides):

0 of 6 people found the following review helpful. Follow your dream to the Inca WorldBy Elisabeth AzarThis was a gift to a teenager who wants to know everything about the Inca People. She has her wish and will travel to Peru as soon as she gets the financing.8 of 9 people found the following review helpful. The most in-depth guide to the areaBy ~\*~\*verde~\*~\*~If you are staying more than several days, or if you want to travel off the beaten path in the Sacred Valley area, you need this book, not just one that covers all of Peru. This book goes into more much more detail than any Peru guidebook (including Footprint's Peru Handbook, Lonely Planet Peru, Moon Peru, etc). For example, it has 10 pages on the Quillabamba/Vilcabamba area (vs. a page a half in Lonely Planet) and three pages on the Piquillacta Archaeological Park (vs. 8 sentences in the Lonely Planet). Good write-ups on several day hikes you can do outside of Ollantaytambo too.The book breaks up the Cuzco Sacred Valley into 5 chapters by geographic area. Plus, it contains chapters on the Southern jungle (Manu + Puerto Maldonado) and Lima. My group spent 10 days in Cuzco/Sacred Valley/Machu Picchu and then 4 days in Lima, so it was perfect for us. In the front of each chapter there is a map showing 5 or 6 highlights of the area - I found these to be good recommendations. I also liked the regional maps in the front back of the book - good for reference if you're going to cover a lot of area around the Sacred Valley.This book is great for planning - plenty of good listings for hike operators, lodging, restaurants, etc. Especially outside of Cusco Lima, a lot of these places don't have websites and can be hard to research in advance.

This exhaustively researched guide includes insights into Inca culture, details of how to reach the myriad ancient ruins and full descriptions of less well-known treks specifically designed to take the pressure off the famous Inca Trail to Machu Picchu. Also includes information on all the other recreational activities the region has to offer.