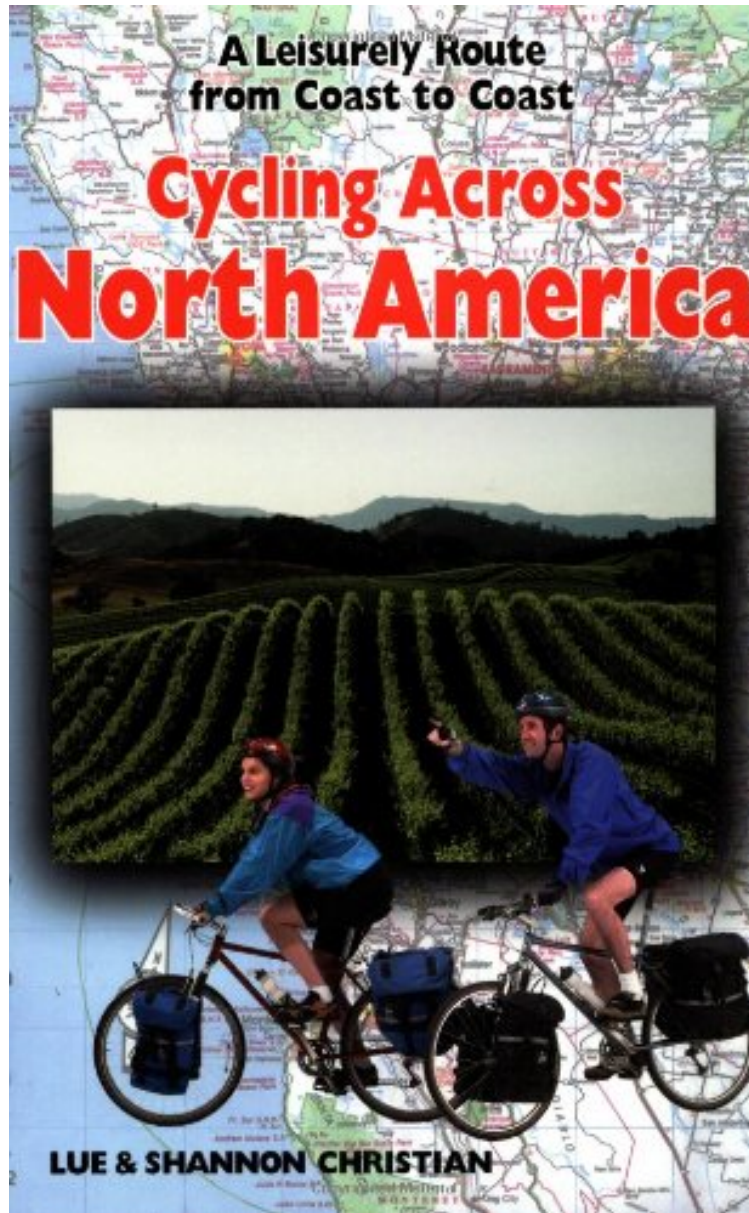


[E-BOOK] Cycling Across North America: A Leisurely Route from Coast to Coast

Cycling Across North America: A Leisurely Route from Coast to Coast

Lue Christian, Shannon Christian

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Lue Christian, Shannon Christian : Cycling Across North America: A Leisurely Route from Coast to Coast before purchasing it in order to gage whether or not it would be worth my time, and all praised Cycling Across North America: A Leisurely Route from Coast to Coast:

4 of 5 people found the following review helpful. Completely useless book
By I_love_NY
My husband and I are planning a cross-country bike trip on leisurely and scenic routes. We were looking for a book that would provide solid, useful and practical information and good diagrams/maps on the routes. I read the reviews, and thought this book would be ideal. However, when I got the book and started reading it, I was utterly disappointed. The "maps" are small, and look like child-stick-figure diagrams: "you are here X." The directions are so useless: L on motel, R on gas station, X restaurant, big hill bad road... The whole freakin book is like that. Oh my God... I never, ever returned anything before because it was not worth the hassle. However, this book... I tried and tried to appreciate it over a period of few days, but I just couldn't. It was such a waste of money. I was embarrassed to own it. So, I returned it, despite the hassle.
0 of 0 people found the following review helpful. Great details a great guided how to guide
By Jesionowski
Cycling across country is something I plan on doing some day. This book gives you a detailed route on where to go. The authors are a lot older than I am which gives me hope of doing this in the next couple of years. Over all the book has great information, equal to anything you can find on the web. Which is one of the reasons I bought it. The only comment I would have would be to add even more editorials and personal ramblings on the things they saw and did.
0 of 0 people found the following review helpful. great price!
By linda martin
This book was a very well priced book and in great condition! I will continue to purchase thru this site!

The essential guide for anyone who wants to cross the American continent on a bicycle. Describes a route that's both manageable to ride and historically and scenically interesting. With detailed route maps and descriptions.

From the Author
Shannon and I searched, in vain, for a book to show us it was possible for an over-the-hill couple to bicycle, unsupported, across the continent, a book that would give us: 1) a route with motels on an average of 50 miles apart, 2) a route with a minimum of tough climbs and maximum elevations around 7,000 feet, 3) a route where we would not suffer extreme temperatures. So, we would have to design our own tour, and from this we would write the first book to offer a laid-back tour for cyclists of all ages looking for a fun trip and leisure time to see the Real America. But why not drive our proposed route, just to be certain the route we had in mind had all the elements we were looking for? We were both retired, so time wasn't an issue, and it was a good insurance policy We left in our van, pad and pencil in hand, and drove the back roads to Bakersfield, California where we took a left and climbed over the Tehachapi Mountains, headed for Barstow. There we joined Route 66 and followed it to Wilmington, 50 miles south of Chicago. We left Route 66 and headed east through northwest Indiana northeast through Michigan to Port Huron and entered Canada Threading our way through farm country, we reached Toronto, then headed north along Lake Ontario. Bordering the St Lawrence River we traveled to Montreal and on to the City of Quebec -- the end of our tour. We had tracked 3800 miles. We could do that, we discovered. The route encompassed all our requirements. It was a go! The preparation began when we returned home, putting together daily route instructions from the notes we had taken, figuring out a list of what to carry with us, and conditioning ourselves at a gym during the winter months. We wrote to dozens of tandem couples along our route and received 21 invitations to overnight with them on our tour. We decided on a spring departure of April 10, weather permitting, which would get us into Quebec around the 10th of July. We couldn't have picked a better window and were only about four days off our original schedule due to storms. We rode up into Quebec City on July 13, relieved it was over but yet sorry because it had been truly the most exciting and memorable three months of our lives! From our book we hope to lead the way for countless cyclists who feel a long tour like this is too difficult for them. All they may need is proof from an over-the-hill couple like us. To allow a more diverse range of routes from which to begin and end the tour, we have offered three alternate routes --two from the actual West Coast, San Francisco and Santa Monica, and one leaving the Main Route in Montreal and ending in Boston, Massachusetts on the East Coast.
About the Author
Lue and Shannon Christian crossed the continent on a tandem when both of them were in their early seventies.