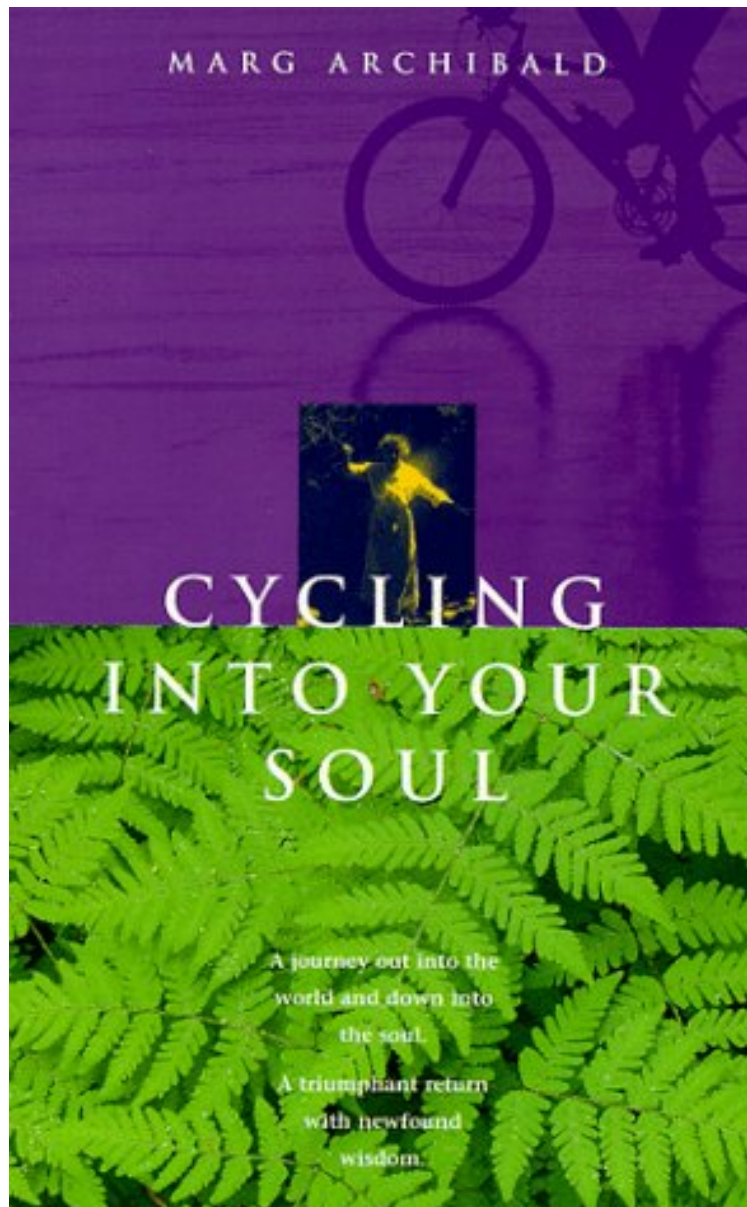


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Cycling Into Your Soul

Marg Archibald

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Marg Archibald : Cycling Into Your Soul before purchasing it in order to gauge whether or not it would be worth my time, and all praised Cycling Into Your Soul:

4 of 4 people found the following review helpful. A Great Travelogue By JK Whether one enjoys this book depends on what one is looking for. I found it to be a great travelogue and a lot of fun to read, with the author detailing her journey

across various regions of Europe and Asia. I've read other bicycle-touring books that seem to be focused as much on technical information and problems as the journey. If that's the type of book one likes, this isn't it. There is very little technical in the book; it focuses on the journey. There's a little 'new age' style where the author speaks with her ancestors but it really doesn't shade the book as a whole. I found it charming. The most enjoyable aspect of this book, as opposed to so many other bicycling books, is that this author obviously was no jock trying to race against time, or anything else. She was in her middle age, as I am. She certainly didn't impress me as a world athlete, just a fairly ordinary person on a fairly extra-ordinary journey! Easy, fun, and pleasant reading, recommended for all ages. 4 of 5 people found the following review helpful. A disappointment By L. Montgomery I was disappointed at the outset with the quality of the writing. But I pushed forward hoping that the story itself would be redeeming. I did find her occasional discussions of her philosophical approach to travel to be of interest. But overall, this book did not flow, and did not hold my interest. After about 35 pages, I decided that I did not want to spend my time pushing through this book. I agree with another reviewer who commented that this book needed an editor. That was apparent after reading only a couple of pages. If I could do it over, I wouldn't buy this book. It does have a nice title and cover though. Marg Archibald probably has a great story to tell, but this book was not an effective vehicle in my opinion. 0 of 0 people found the following review helpful. A personal account of cycling around the world. By sue robinson This book is a personal account of a ride around the world on a bicycle. It's practical, funny and poignant. I read this book and still read it at times. Her writing is fresh, lively and you can feel her triumph as she alone rises a hill, by herself. To celebrate by herself. There are many stories. And her cat forgives her in the end.

The spirit quest of a fifty-year old woman who took her bicycle around the world looking for answers to life questions. She traveled alone. She rode in Russia, the Czech Republic, Corsica, Turkey, Cyprus, Rhodes, New Zealand and Thailand. She found answers and grew. This is a journey out into the world and down into the soul. It tells of a triumphant return with newfound wisdom.

In the end, her most important lesson was to approach the world with a sense of wonder. She has since changed careers completely and now writes cycling travel books... She says she would encourage anyone to take a page from her book: 'I would say you could plan this in a couple of weeks. Just get your credit cards and Swiss army knife and you're ready.' -- Calgary Sun, Liza Sardi, May 1999. There are a tonne of experts to tell you what you need,' Archibald says. 'But your body and your soul are the only experts that matter.' -- Toronto Star, Kathryn Korchok, April 30, 1999. From the Publisher This is a rare book. It is a fresh twist on the travelogue. It brings irreverent humour and unflagging enthusiasm to a journey that only begins with the traveling. Marg has a delightful way of expressing her discoveries. Her joy and courage inspire readers everywhere. From the Author I sat in a restaurant recounting to my friend, Sue, some of the things that had happened on my wonderful trip. She said, "It's a book Marg. You have to write this book." Every time she phoned me she asked, "How are you doing with the book?" Eventually I started writing to get Sue off my back. Before long the book took on a life of its own.