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Cycling the Mediterranean: Bicycle Tours in Spain, France, Italy, Greece, and Beyond (The Active Travel Series)

Kameel B. Nasr

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Kameel B. Nasr : Cycling the Mediterranean: Bicycle Tours in Spain, France, Italy, Greece, and Beyond (The Active Travel Series) before purchasing it in order to gauge whether or not it would be worth my time, and all praised *Cycling the Mediterranean: Bicycle Tours in Spain, France, Italy, Greece, and Beyond (The Active Travel Series)*:

7 of 10 people found the following review helpful. Good book for general planning. By Jerry Used the book as a guide for a cycle trip from Barcelona to Rome. Maps from local tourist offices were required for more detailed road and campground information. 32 of 33 people found the following review helpful. Maybe he used a car... By Jake Zimmerman After following this book from Malaga to Florence, it seems almost impossible that the author actually rode this route. He says that the trip can be taken by a person of any experience level, but realistically only an experienced rider would enjoy his route. He is constantly incorrect with respect to elevations, distances, and major road names. After about a month of cycling we began to plan our own routes. We found that we could use a map and guess better routes than he could suggest in his book. Do not waste your time and money. Buy a good set of Michelin maps and pay attention to the topographical marks on the maps and you will be fine. Nothing is more annoying than to rely on incorrect information. 45 of 45 people found the following review helpful. Don't Waste Your Money! By Scott Armstrong We purchased this book for our tour from Rome to Barcelona and found it absolutely useless. The route follows major highways while missing quiet backcountry roads. The author completely misses the true beauty of France and Italy in bypassing the Amalfi coast, Umbria, Tuscany and Provence. My advice... save your money for maps and a Lonely Planet guide. When every ounce counts, this is not a book you need to lug up a 1000 meter pass.

The Mediterranean is one of the favourite destinations for cycle touring. This book gives detailed route descriptions to touring the coastal regions of Spain, France, Italy, Greece and beyond.