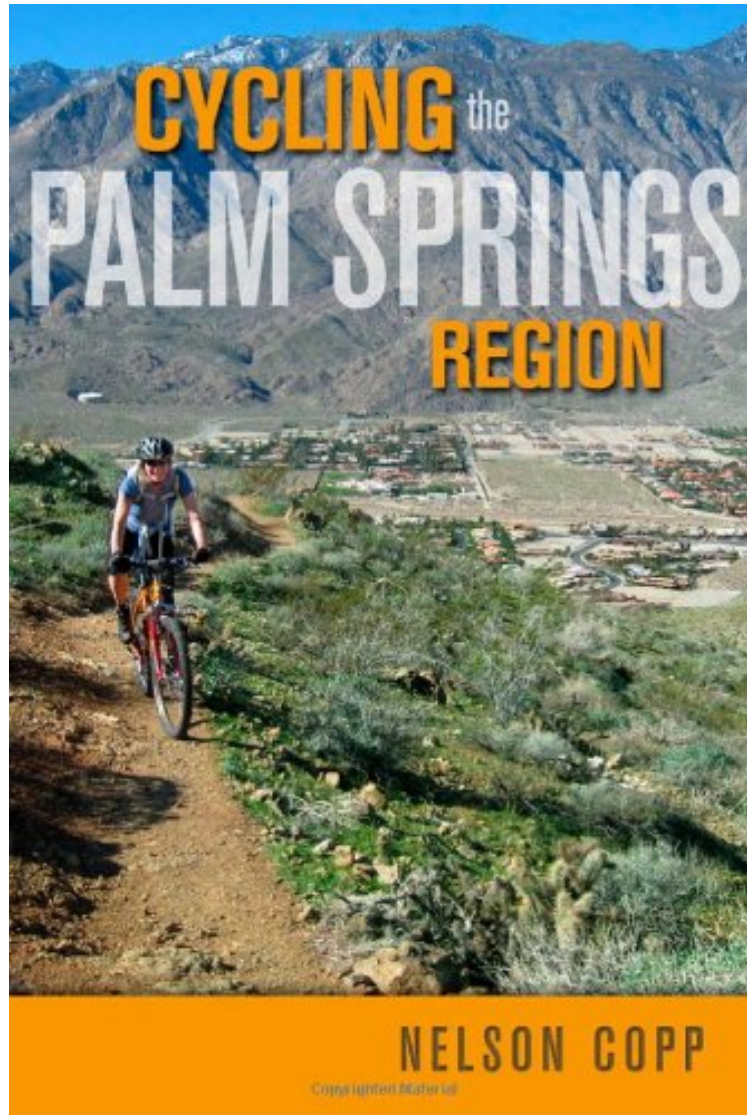


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## Cycling the Palm Springs Region

*Nelson Copp*

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**Nelson Copp : Cycling the Palm Springs Region** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Cycling the Palm Springs Region:

2 of 2 people found the following review helpful. Essential, Desert Biking Guide By Velociped If you plan on visiting the Palm Springs area for any reasonable length of time - Nelson Copp's guide will show you where most of the great desert rides are. However, the BEST rides are mostly found simply by visiting any of the Coachella Valley's great bike shops, where they will provide you of home-made maps. My favorites? 1) Tour de Palm Springs Century (Road) 2) Hurkey Creek Park (Mountain) 3) Palm Springs Tramway Road Hillclimb (Road) 4) Palm Desert Cross (Mountain) 5) Art

Smith Trail(Mountain)6) Bump N' Grind Trail(Mountain)7) State Highway 74(Road)0 of 0 people found the following review helpful. Two StarsBy robert BergThis book ws geared to a beginning rider, and didn't have enough meat!0 of 0 people found the following review helpful. Four StarsBy John BrightenGood variety, directions are simple. Could have used some references to bike repair shops available.

Provides route maps and trip descriptions for 35 great bike rides in the Palm Springs and Coachella Valley region. Rides vary from easy road trips for the whole family along highways and bike paths, to longer workout trips for more experienced riders, and plenty of tough off-road trails for the most physically fit. GPS coordinates, distance, level of difficulty, elevation gain/loss, and approximate riding times are among the details given for each ride.

About the AuthorNelson Copp is co-author of Cycling San Diego and Wilderness Basics, and is a popular lecturer, teaching Map Compass Navigation and GPS classes for many San Diego groups. Along with biking, his interests include hiking, backpacking, surfin, cross-country skiing, and chasing eclipses all over the globe.