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Sarah Outen

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DARE TO DO

SARAH OUTEN

Taking on the planet by bike and boat

'Courageous & inspiring' DAME ELLEN MACARTHUR

'A seriously tough expedition' SIR RANULPH FIENNES



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#1839067 in Books imusti 2016-11-01Original language:EnglishPDF # 1 9.49 x 1.10 x 6.30l, 1.58 #File Name: 1857886410304 pagesNICHOLAS BREALEY PUBLISHING | File size: 74.Mb

Sarah Outen : Dare to Do before purchasing it in order to gage whether or not it would be worth my time, and all praised Dare to Do:

0 of 0 people found the following review helpful. A Most Amazing WomanBy Steven G. BernerSarah Outen has to be the bravest person in the world to attempt the circumnavigation of the Northern Hemisphere by kayak, bike, and rowboat. That she accomplished what she did is a testament to her strength and courage. Her book, Dare to Do, is a recounting of her amazing adventure and the people she met along the way. Anyone who has ever dreamed of hiking

the Appalachian Trail or climbing Mt. Everest or paddling the River should read this book to realize anything is possible. 5 of 5 people found the following review helpful. British athlete and adventurer Sarah Outen rowed from Australia in 124 days, 14 hours and 9 minutes before arriving, on the island of Mauritius, on 3 August 2009. She was to become the youngest person and the first woman to row alone across the Indian Ocean in 2009. Once Outen was on shore, she had to deal with a number of quick fired questions; however, one question supplanted itself inside her bold and exploratory mind set: what next? It was not until several months later that British athlete and adventurer Sarah Outen rowed her next Herculean task. Her plan was for a global trek by an ocean rowing, kayak and bike. The 20,000 miles journey was organized to take two and half years to complete. Her following great adventure began on 1 April 2011, when Outen set off on a voyage/mission called "London2London: Via the World". As part of her trip Outen rowed solo from Japan to Alaska and on the way, she had to embattle hazardous seas, cargo ships, sickness and her boat being overturned five times. She also fought the emotional battle of being in isolation. Dare to Do: Taking on the planet by bike and boat is a well written narrative, by a person who knows how to convey her thoughts and adventures on to the printed form. There is collection of good colored photographic plates; it would have been nicer to have more. However, Sarah Outen's words really bring to the fore her amazing travels and I am glad she has shared them with us. 0 of 0 people found the following review helpful. A gripping read from a real, live mad-as-hatter adventurer! By SskMs Outen is wonderfully, stupendously mad.....as a hatter.....but shows so much personal conviction and strength and grace that you grin broadly as you shake your head in near disbelief at her journey and the perils therein. I've read both of her books and can't wait to find out what happens 'next'. Gripping read!

The story of Sarah Outen's five-year 25,000 mile journey looping the planet by cycling across Europe, Asia, and North America, and canoeing and kayaking across the North Pacific and North Atlantic. This is her adventure and inner journey, and also a call to action, to redefine your own boundaries, to be courageous, and to dare to do.

Excellent... Extraordinary... Inspirational. * Oldham Chronicle * This is much more than a tale of a journey round our planet. This is Sarah's story of being able to dig deep when it feels like everything is against you. * Nudge Books * Dare to Do gives a deeper insight into what it really takes to be an 'adventurer.' By pushing her boundaries so far, Sarah shows us what could be possible in our own lives. Whatever you want to dare to do, you can find inspiration from Sarah's story. * Outdoorista * An intimate glimpse into the raw excitement, fears, and determination which could provoke someone like Outen to spend years circumnavigating the globe, in a number of imaginative and uncomfortable ways. Outen is honest and relatable, while her depictions of places and people she meets are undeniably engaging. [Dare to Do is] fast-paced and good-humoured. * Geographical * Like Wild - only Wilder. * BT Sport * Sarah Outen prefaces her epic trip around the world under her own steam with a fabulous sentence: "The years ahead became some of the most vivid, treasured and, at times, the most difficult of my life. But all I knew is all we ever know - that I knew nothing about how the story would unfold." Who could fail to read on? Dare to Do chronicles a journey many readers will have mulled over at various points, but Outen had the courage to tackle it. * Birmingham Post - Books of the Year * A gripping adventure story that is rare in its courage and rarer still in the way it feels fresh and contemporary. -- Tristan Gooley, author of 'How to Read Water' That's the way to do adventure. -- Ben Fogle Sarah has raised the bar of adventure travel with genuinely ground-breaking triumphs. And it has been her willingness to share the inner journey, the doubts, fears, and frustrations, that has truly set her apart. -- Roz Savage, author of 'Stop Drifting, Start Rowing' Her natural charisma, talent for storytelling and unrivalled persistence sets Sarah Outen apart. She is the top female adventurer of the 21st Century - nobody else comes close. -- Dave Cornthwaite There is only one Sarah Outen. A unique blend of powerful female athlete and silly friend. -- Ed Stafford An epic feat. * The Times * The story of Outen's indomitable pursuit of her objective to its conclusion, written with breathtaking matter of factness. -- Tom Adair * Scotland on Sunday, Travel Books of the Year * Definitely mad. Definitely marvellous. A seriously tough expedition. -- Sir Ranulph Fiennes Sarah has self-reliance and belief in quantities I haven't come across in anyone else. She is a wonderful and nutty individual with a powerful story to tell. -- Mark Beaumont Outen's story is remarkable. * Sunday Times * Sarah is an honest, open, courageous and inspiring person... and has a contagious love for life. I can't wait for her book. -- Dame Ellen MacArthur About the Author Sarah Outen is a British adventurer, motivational speaker and author. In November 2015 Sarah completed her London2London: Via the World expedition, which saw her attempt to kayak, cycle and row 25,000 miles around the Northern Hemisphere. The journey took 4.5 years and was all the richer for not turning out exactly as had been planned. [@SarahOuten](http://www.sarahouten.com)