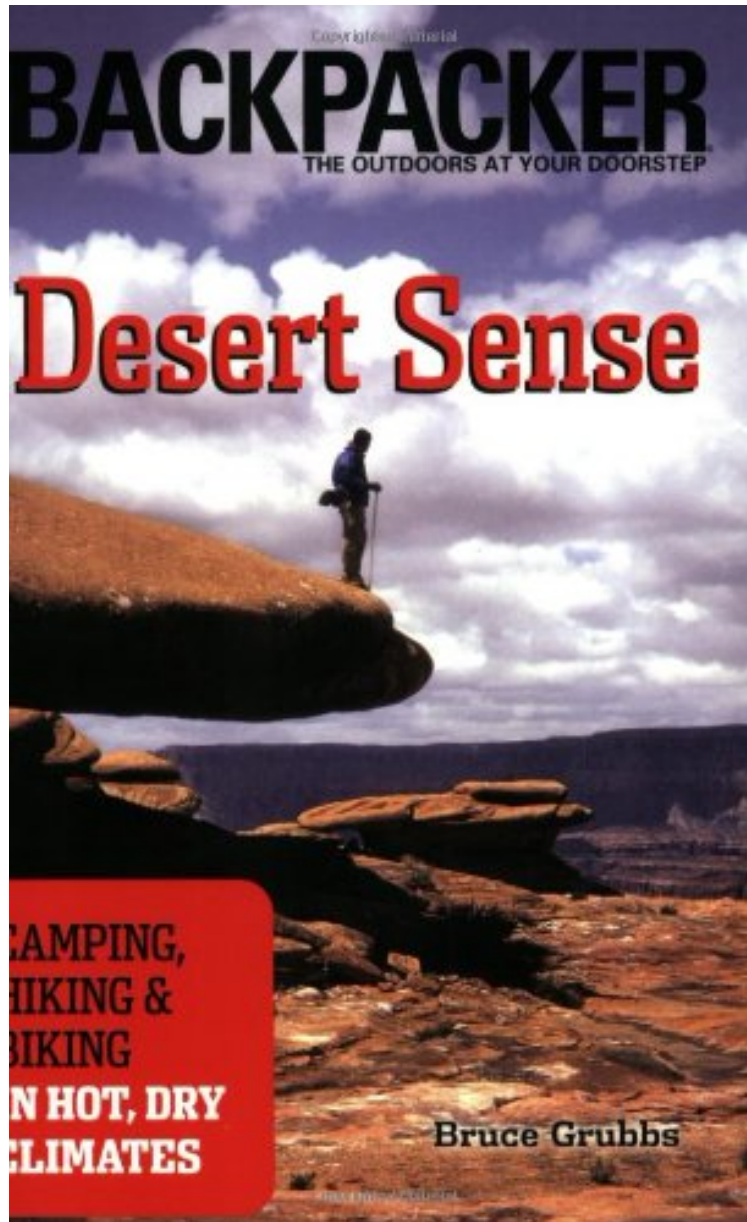


(Download) Desert Sense: Hiking Biking in Hot, Dry Climates (Backpacker Magazine)

Desert Sense: Hiking Biking in Hot, Dry Climates (Backpacker Magazine)

Bruce Grubbs

*ePub | *DOC | audiobook | ebooks | Download PDF*



[Download](#)

[Read Online](#)

#2415853 in Books Mountaineers Books 2005-01-10 2005-01-10 Original language: English PDF # 1 8.96 x .47 x 6.001, .65 #File Name: 0898869730173 pages Author: Bruce Grubbs ISBN: 9780898869736 | File size: 30.Mb

Bruce Grubbs : Desert Sense: Hiking Biking in Hot, Dry Climates (Backpacker Magazine) before purchasing it in order to gage whether or not it would be worth my time, and all praised Desert Sense: Hiking Biking in Hot, Dry

Climates (Backpacker Magazine):

12 of 12 people found the following review helpful. Disappointed
By Tim Innes
This book promises to instruct anyone on how to hike and bike the desert safely. As a generalized overview to some (not all) desert travel it is sufficient for that purpose, but I found it lacking in many subjects crucial to remote desert hikers. Trip/water planning, gear prep, finding water from natural sources, trip navigation (map and GPS), first aid for desert and heat sicknesses, etc. could have all used a lot more material. Coverage of some deserts and specialized advice was lacking. The book emphasizes coverage of 'high' deserts like the Great Basin, unfortunately, at the expense of others. And forget anything outside the U.S., as it's not covered here. I probably would have liked this book better had I not read the Ultimate Desert Handbook, which covers the same subjects a lot more thoroughly, not to mention the diversity of many more deserts in North America and around the world.
4 of 6 people found the following review helpful. Required reading for desert trips
By Charles M. Nobles
This book should be required reading for anyone remotely thinking about desert exploring of any type. I have done a fair amount of desert trips and have read and reread this book a number of times. It is packed full of important, potentially life saving information that will help you navigate safely in the desert. Everything from techniques for hiking, mountain biking, and 4x4 trips including vehicle preparation is included. There is an interesting section on troubleshooting worst-case scenarios and even a section on selecting the proper gear and equipment for desert conditions. When considering desert trips it is well to remember the admonishment of famed desert rat and author Edward Abbey: "...Enter at your own risk. Carry water. Avoid the noonday sun. Try to ignore the Vultures. Pray frequently." I would add "read and study this book" or perhaps "Don't leave home without it." Highly recommended.

* Techniques for traversing desert terrain -- by vehicle, by mountain bike, or on foot* Strategies for comfort, safety, and survival in extreme conditions* Selecting gear and equipment for this special environment
Like any desert aficionado, Bruce Grubbs is obsessed with water: how much to bring, how to carry it, how to conserve it, and how to find it in the backcountry. But desert exploration involves much more. Grubbs provides the knowledge and skills you need to move through this landscape with confidence. In addition to hiking and mountain biking advice, Grubbs tells how to prepare your vehicle for remote desert roads and how to avoid getting stuck in sand or busting a tire. He discusses navigating in the desert, "dry camping" skills, and techniques for minimum impact on this starkly beautiful but fragile environment. There are tips for dealing with desert heat -- and cold -- and other challenges (sharp spiny plants and venomous snakes are easy to avoid with a little preparation and know-how). But just in case, Grubbs troubleshoots the worst-case scenarios. Throughout, he gives an understanding of desert climate and seasons, and the unique plants and creatures at home in it.

As usual, The Mountaineers do a fine job in producing a guide to desert backpacking
This book is a friend indeed
Grubbs writes with a deft and knowing hand, based on more than 30 years of backcountry living. (Nevada Appeal)
If you'll be out wandering around the Columbia Basin, or plan to sneak off to SE Utah for a week, you might just find a tip or two between these covers. (The Cascadian)
Packed full of important, life-saving information to help you navigate safely in the desert. (Tulsa World)
People lacking experience will find comfort and courage to visit North America's driest spots in Desert Sense. (Salt Lake Tribune)
Has a lot of answers in this book. (Idaho Statesman)
This compact guide from longtime desert rat Bruce Grubbs gives woodland and alpine enthusiasts a taste of the unique challenges of hiking, biking, and camping in desert environments. (Los Angeles Times)
Though the nearest true desert lies far to the south, Desert Sense contains useful information for anyone visiting parched landscapes between the Cascades and the Rockies. Areas in eastern Washington and Oregon can, at times, bear a disconcerting resemblance to a desert. In times like those, the wisdom contained in [this book] could make a big difference in one's quality of life. (Moscow-Pullman Daily News)
Provides worthwhile, practical advice. (Klamath Falls Herald and News)
This comprehensive book covers everything you might need to know to travel safely and comfortably. But do go; the beauty and unique flora and fauna of the Southwestern deserts should not be missed. Plan a visit when the desert is in bloom in the spring. Bring your cameras to capture this stunning season when wildflowers carpet the ground and the cacti burst forth in bloom. (Bruce Grubbs Escapes: Sharing the RV Lifestyle)
About the Author
The author has a serious problem- he doesn't know what he wants to do when he grows up. Meanwhile, he's done such things as wildland fire fighting, running a mountain shop, flying airplanes, shooting photos, and writing books. He's a backcountry skier, climber, figure skater, mountain biker, amateur radio operator, river runner, and sea kayaker- but the thing that really floats his boat is hiking and backpacking. No matter what else he tries, the author always come back to hiking- especially long, rough, cross-country trips in places like the Grand Canyon. Some people never learn. But what little he has learned, he's willing share with you- via his books, of course, but also via his websites, blogs, and whatever works.