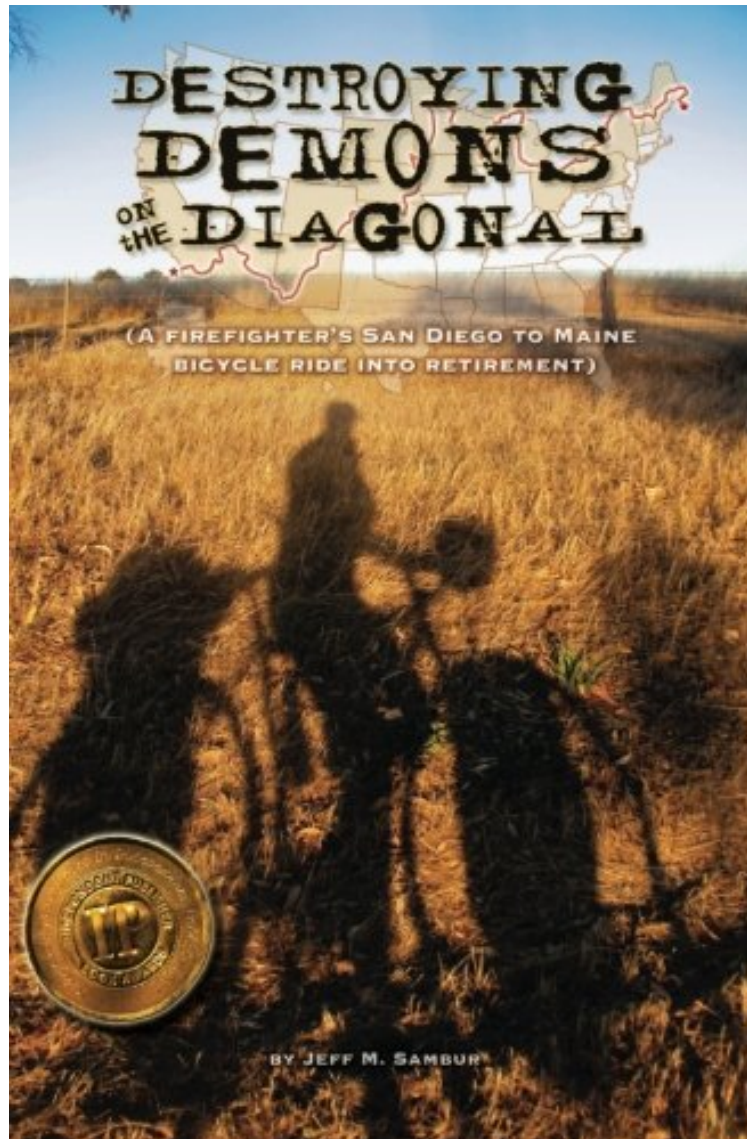


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Destroying Demons on the Diagonal: A Firefighter's San Diego to Maine bicycle ride into retirement.

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0 of 0 people found the following review helpful. No rest for the weary!By Alec HarperI first met Jeff while on the small, harrowing summit of Horn Peak (13,450') earlier this year. Three of us had climbed separately up a rather gnarly ridge line to a wonderful view on a bluebird day and life was simply fantastic that morning. And as Jeff and I down climbed this crazy mountain, the stories came of all of his life's adventures. Now, mind you, I've travelled the world and done some pretty cool things myself... but this guy made me feel like a couch potato! The range of his experiences is quite something indeed!Reading this book was like a virtual ride along, stopping off to watch baseball games, chance the local bars and some rather unsavory motels along the way. This is a wonderful read, particularly if you enjoy true traveling... His first-hand description of this beautiful country is a real treat.Bravo, Senor Sambur! May the Gods continue to pave the way for more of your adventures and, with luck, perhaps our paths will meet again.Alec HarperWestcliffe, Colorado0 of 0 people found the following review helpful. Not Your Normal Bike-Across-America StoryBy W. LambI just finished the book...it is stellar. Puts the reader right there in the bike seat wth the author, pedaling through cities towns best experienced in painful, yet rewarding, slow motion. Every motel (skanky or pleasant), friendly warm showers host, diner and coffee fuel stop was relatable. I looked forward to each chapter's lead-in EMS story, having worked as a basic years ago in Vermont. Sambur wraps it all at the end with his post-scripted personal ER story which is a brain rattling miracle.From the title of the book, which is both clever and complex, to the intriguing historical facts he discovers along the way and the joys of human encounters both preplanned and serendipitous, his journey into retirement was written with good humor, thoughtful philosophy and steadiness. I will most definitely recommend this book to my friends.0 of 0 people found the following review helpful. The importance of meeting and making new friends along the wayBy M. DennisA good sampler of the varied and colorful people that make the journey memorable; however, I would also like to have learned more about the author's passion for riding, as he has cultivated a great many friends from past tour adventures to write another book about bike "networking"-- clearly this support network made his journey something to look forward two upon retirement after a career in firefighting. Worthwhile reading in prep for one's America tour, if that is on the bucket list.

A Firefighter's San Diego to Maine bicycle ride into retirement.