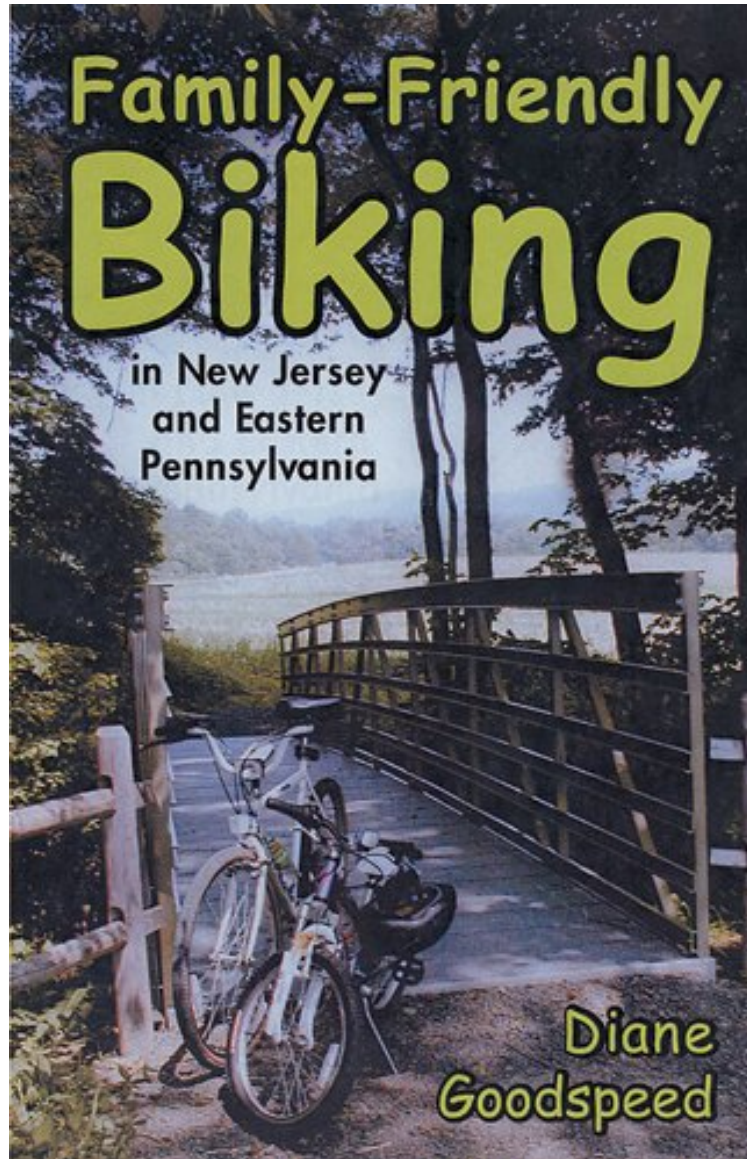


[E-BOOK] Family-Friendly Biking in New Jersey and Eastern Pennsylvania

Family-Friendly Biking in New Jersey and Eastern Pennsylvania

Diane Goodspeed

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Diane Goodspeed : Family-Friendly Biking in New Jersey and Eastern Pennsylvania before purchasing it in order to gage whether or not it would be worth my time, and all praised Family-Friendly Biking in New Jersey and Eastern Pennsylvania:

0 of 1 people found the following review helpful. Good choice.By Scarlett

Merrimanhttp://www..com/gp/product/B00XEGMM44?redirect=trueref_=cm_cr_ryp_prd_ttl_sol_7Gift for my Daughter and Son-inlaw. Good choice.13 of 13 people found the following review helpful. Off Road Bikers

RejoiceBy Jonathon H.Finally, a biking book for "normal" people. My wife and I do not ride in spandex and we prefer safety to distance. While we have a few favorite road rides, the rides in this book, being on rail-trails, along canals, or on bike paths, are wonderful. Being New Jersians, we knew about the rail-trail rides but never got around to figuring out how to do them! Thanks to Ms. Goodspeed, all our efforts can now go into biking - not planning! I highly recommend this book to anyone who wants an easy day of biking (children or no children).10 of 11 people found the following review helpful. Biking DelightsBy copenhaver86If you like to bike but cannot handle cars, 40 mile rides, or crowded boardwalks, buy this book. We got the book last month and my husband has taken our 4-yr-old son on three rides already. They have truly had fun on their adventures and the information in the book is right-on.

Do you love bike riding with your kids, but are tired of rides that take you in circles around the neighborhood block? Looking for something more exciting, yet still safe and manageable?Through years of research and a lot of trial and error with her own two children, Diane Goodspeed gives us the first biking book for this region geared specifically toward families with young kids. Packed with photos and easy-to-follow maps, Goodspeed shows us where to find nearly twenty-five kid-friendly trailstrails that are not too steep or too long, do not encounter many roads, and provide ample access to food and restroom facilities.You will find detailed information on popular New Jersey routes, including the Columbia Trail, Delaware Raritan Canal Trail, Sussex Branch Trail, and Paulinskill Valley Trail, as well as undemanding rides through Duke Island Park, Hartshorne Woods, and Sandy Hook National Recreation Area. In eastern Pennsylvania, kids of all ages can peddle along the Lehigh Canal and the Delaware Canal and explore the many rambling paths of Tyler State Park.These and many more rides are rated according to a childs biking skills and each one is accompanied by detailed descriptions of the area. And because kids are always full of questions, Goodspeed includes a short history and interesting "did you know?" facts for each region. Tips on equipment options, bike safety, and the nearest bathrooms, playgrounds, and ice cream shops make this book the definitive source for kid-tested, parent-approved biking fun. It is an essential guide for planning the most enjoyable and rewarding family bike excursions.

About the AuthorDiane Goodspeed is a mother of two and an avid biker. She lives in Hackettstown, New Jersey.