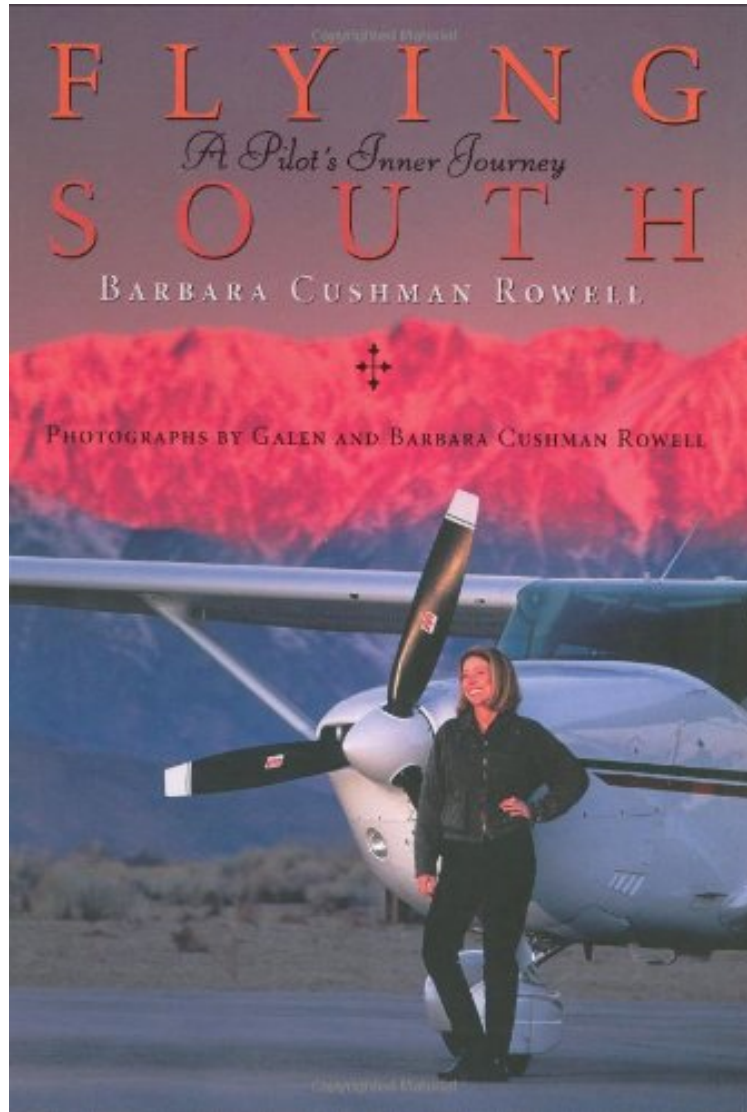


## Flying South: A Pilot's Inner Journey

Barbara Cushman Rowell

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#1541643 in Books Ten Speed Press 2002-11-12 2002-11-12Ingredients: Example IngredientsOriginal language:EnglishPDF # 1 .95 x 7.50 x 9.52l, #File Name: 1580084710272 pages | File size: 78.Mb

**Barbara Cushman Rowell : Flying South: A Pilot's Inner Journey** before purchasing it in order to gage whether or not it would be worth my time, and all praised Flying South: A Pilot's Inner Journey:

1 of 1 people found the following review helpful. AMAZING BookBy robert hallThis book by the late Barbara Rowell, wife of the famous mountain photographer and mountain climber Galen Rowell describes her amazing journey with Galen (a non-pilot) and one other plane from CA to Chile, then truly solo over the Andes and back up the So. American coast to FL and back to CA. Along the way, she "finds her real, inner self" and learns to trust herself more than others, especially men.0 of 0 people found the following review helpful. A Beautiful BookBy KMcCThe

pictures of South America are amazing. This is the third time I've bought this book...I keep loaning it to people because it was so interesting! Sad that they died so young....5 of 6 people found the following review helpful. A look into the world of the risk-taker

By Ski Man  
This book is a fascinating look into the world of the risk-taker and the cult of risk-taking. There is no doubt that Barbara Cushman Rowell took an inner journey. She lays all her fears before us and conquers them. Along with this journey are her husband Galen and fellow pilot Doug Tompkins, two wild adventurers who lead Barbara into risky decisions she usually regrets. In the process of wrestling with herself, her husband and Tompkins she puts us inside the cockpit during harrowing landings, inclement weather and her own demons.

Flying South A Pilots Inner Journey by Barbara Cushman Rowell Photographs by Barbara and Galen Rowell  
Call it love at first flight. Barbara Cushman Rowell was already a powerhouse by anyones measure, but it wasnt until she tried flying that she found the inner fulfillment and sense of self shed longed for all her life. As the driving force behind husband Galen Rowells business success, Barbaras adventures and accomplishments had always been the byproduct of her husbands career. Until, that is, she took off and sailed into a strata all her own. FLYING SOUTH is the hair-raising, reflective, and ultimately inspiring story of Barbaras trip of a lifetimea 25,000-mile, 57-leg journey through Latin America and the recesses of her soul, discovering unrealized self-confidence, irrepressible resourcefulness, and vast reserves of emotional and physical strength she never knew she had. And what a journey it was. She recounts landing in the middle of a coup in Panama, narrowly escaping disaster when key flight instruments failed over Peru, flying herself to an oral surgeon after a mouth-smashing rafting accident on the Bio Bio River in Chile, fighting plane-shredding winds over the Andes, and surviving a life-threatening and disorienting tropical storm off the coast of Brazilall while navigating the pervasive and demoralizing chauvinism of the aviation world. But much more than a harrowing page-turner, Barbaras tale of finding herself through flight inspires us all to go after the experiences we long for, and to live the lives we only wish for.

From the Publisher  
Includes over 100 stunning photographs, principally by GalenRowell. Adventure travel doubles as inspirational manifesto for women trying to find their own direction in life. Rowell is a role model for every woman who longs to nurture her own aspirations.

About the Author  
BARBARA ROWELL is the president of Mountain Light Photography, a stock-photo agency, fine-art gallery, and small press co-owned with husband/ partner Galen Rowell, as well as a former director of public relations for the North Face. Her photographs have been published in National Geographic, Outside, and Plane and Pilot, plus countless travel catalogs. She flies a Cessna 206, which is fitted with custom photo windows for aerial photography. She and Galen live in Bishop, California. GALEN ROWELL is a world-renowned nature and adventure photographer and explorer. He is the author-photographer of 17 illustrated books, and has gone on assignment for Life, National Geographic, Outdoor Photographer, Audubon, and other publications. He is the recipient of the Ansel Adams Award for his contributions to wilderness photography, the Lowell Thomas Award for travel photography, and a National Science Foundation artists and writers grant to photograph Antarctica.