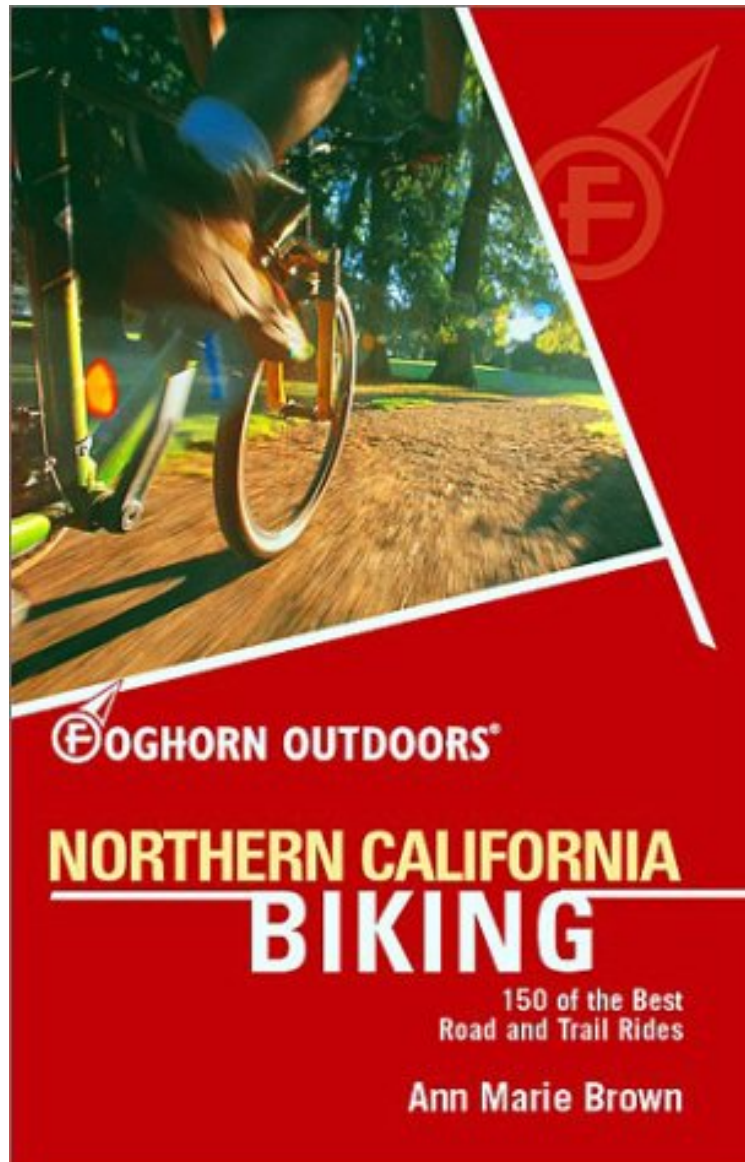


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## Foghorn Outdoors Northern California Biking: 150 of the Best Road and Trail Rides

*Ann Marie Brown*

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#1925417 in Books Avalon Travel Publishing 2002-10-11 Original language: English PDF # 1 .97 x 5.52 x 8.361, #File Name: 1566914221464 pages | File size: 62.Mb

**Ann Marie Brown : Foghorn Outdoors Northern California Biking: 150 of the Best Road and Trail Rides** before purchasing it in order to gage whether or not it would be worth my time, and all praised Foghorn Outdoors Northern California Biking: 150 of the Best Road and Trail Rides:

3 of 3 people found the following review helpful. An excellent resource By Eliza This book organizes all of its road

rides and off-road rides together in 8 geographic areas in Northern California, and includes difficulty ratings, distance, time, elevation profile, map, directions and useful descriptions for each ride. What I like best is the author's lists of "best" bike rides in 12 different categories, such as Best Oceanfront Rides, Best Rides for Wildlife Viewing, and Best Rides to Waterfalls, among others. It covers more routes than any other bike guide I've seen or owned. 0 of 0 people found the following review helpful. Five Stars By ross kaupernice item, fast shipping. thanks 0 of 0 people found the following review helpful. A Surprising Gem! By Bassocantor I didn't realize this book had been superseded by a more recent, more extensive edition; but it proved very valuable nevertheless. GENERAL IMPRESSION This book is a very thorough guide to the top biking rides in Northern California. The publisher and author have obviously spent a HUGE amount of time to produce this quality product. The book is organized into 8 major areas, so that the reader can concentrate on the region they intend to visit. WHY YOU SHOULD BUY THIS BOOK This is an extremely thorough and professional guide. Although now superseded by more recent edition, it is still very useful. Top 3 Things I liked Excellent trail map showing the way Description of the trail difficulty and ride time is most helpful in picking a suitable ride. Chart at beginning of each major section shows a concise list of all the rides in that chapter, with the Level, Distance, Time, and Elevation. Things I didn't like Do more SF East Bay rides! RATING OF KEY FEATURES Readability: Well-written. Quality of Charts/Figures: Outstanding. Quality of Table of Contents: Very Good. Quality of Editing: Outstanding. Thoroughness of Index: Extensive Usefulness: Very useful. Buy your own copy! SUMMARY All in all, an outstanding book. Well written, well-edited, very informative. Note that there is a more recent edition, with 160 rides available. Recommend! A Review by Chris Lawson

Devoted campers, hikers, boaters, anglers, bikers, and golfers agree: Foghorn Outdoors guidebooks are essential for anyone who wants to spend less time planning and more time enjoying the outdoors. Each book is an excursion guide packed with the latest information on a variety of adventures near and far. Foghorn Outdoors: Northern California Biking lists 150 of the most scenic routes in regions such as the San Francisco Bay Area, Mendocino, Wine Country, Tahoe, Yosemite, and Big Sur. It includes rides for mountain bikers, road cyclists, and recreational riders of all abilities, including those pulling trailers or sporting training wheels. Each route is rated for level of difficulty, terrain, mileage, estimated riding time, and elevation gain and every ride description includes a route map, elevation profile, and a black white photo. Mile-by-mile route details include where to stop for water, groceries, cafes, picnics, parks, short hikes, historic sites, and more. Additional advice includes tips on equipment and clothing, rules of the road and trail, bike maintenance tips, and a listing of regional bike shops. Acclaimed outdoor expert Ann Marie Brown holds a master's degree in journalism from Stanford University and teaches courses in kinesiology at San Francisco State University.