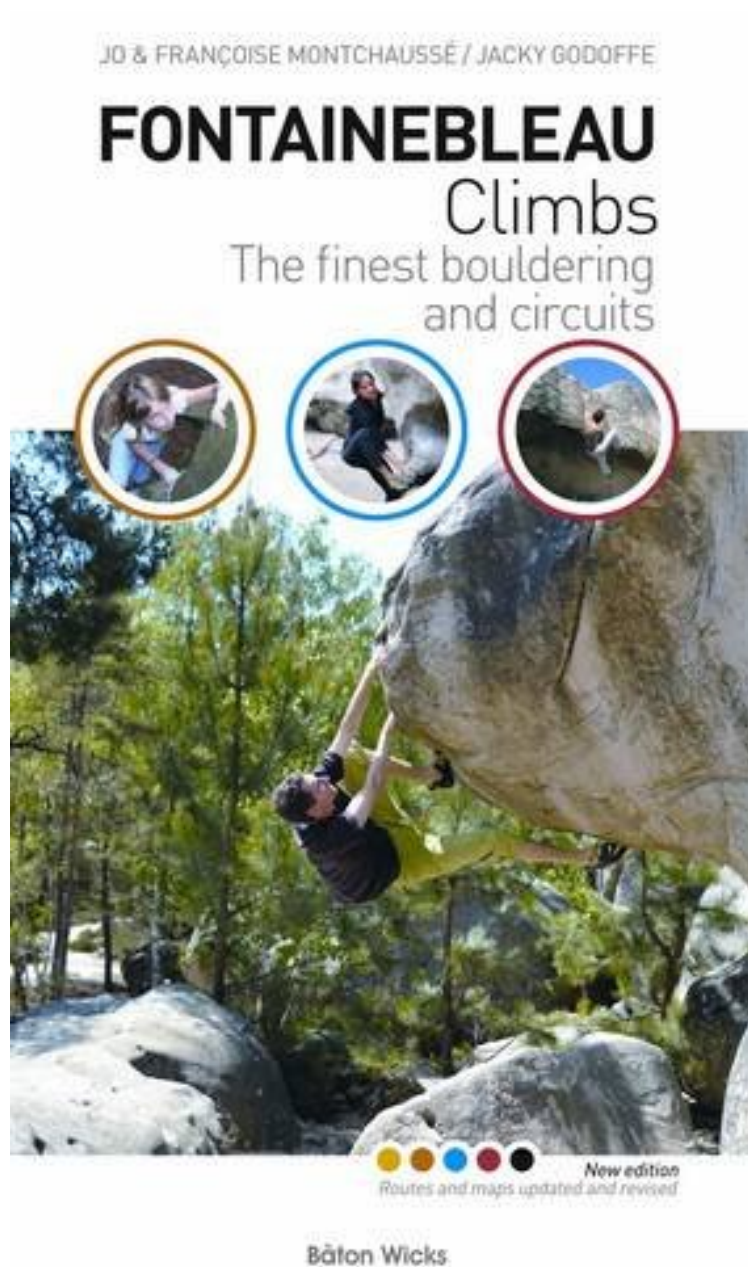


(Get free) Fontainebleau Climbs: The Finest Bouldering and Circuits

## Fontainebleau Climbs: The Finest Bouldering and Circuits

*Jo Montchause, Françoise Montchause, Jacky Godoffe*  
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## Fontainebleau Climbs: The Finest Bouldering and Circuits:

The forest of Fontainebleau is one of the major bouldering areas in the world. Thousands of sandstone boulders lie scattered over an area of 1,200 square kilometres of pine, beech and oak forest. The climbing style is addictive, a subtle mixture of body positioning, footwork and power that is as demanding mentally as it is physically. There are problems at every grade imaginable, from the easiest of circuits to world-class testpieces. Many of these problems are grouped into the circuits for which Font is famous. Marked with coloured dots and arrows, they offer the climber a unique way in which to explore each climbing area. This guidebook, written by local climbers Jo and Francoise Montchause and Jacky Godoffe, is the perfect way to discover and enjoy these circuits. With descriptions of the areas and the circuits and grades found in each, this easy-to-use guide is full of useful and practical advice, tips on where to go after rain or in hot weather, on accommodation and on child-friendly areas. Easy to read, full-colour maps show the starting point, layout and key boulders for each circuit. There are over 100 maps, just under 100 circuits and more than 3,000 routes, together with stories and anecdotes on the famed history of Fontainebleau climbing. Everything you need for a great trip!

About the Author Jacky Godoffe has been climbing at Fontainebleau for over 30 years. A professional climber with an international reputation, he is a sports teacher and technical advisor to France's national mountaineering and climbing federation. Jo and Francoise Montchause were born and live in the heart of the Fontainebleau forest. It was here that they first discovered climbing and have made it their way of life. It remains a source of inspiration for both of them, for their photography and for their products they design specially for bouldering.