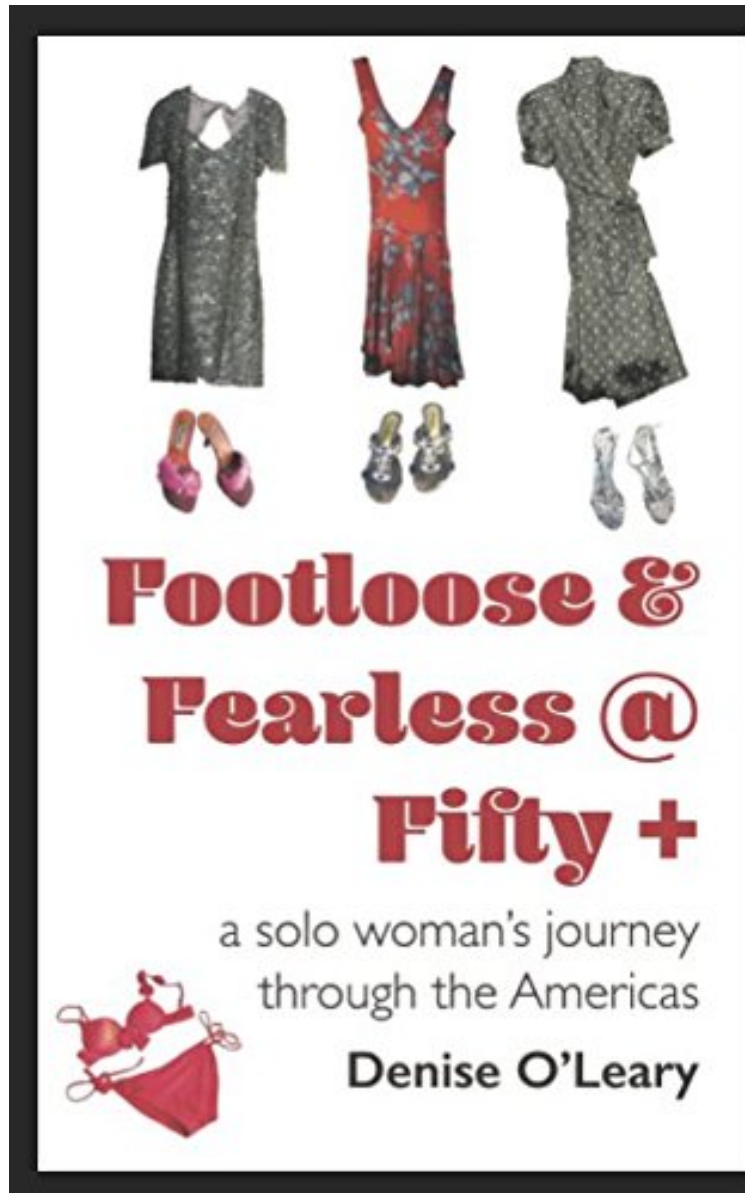


[Free] Footloose Fearless @ Fifty +: a solo woman's journey through the Americas

Footloose Fearless @ Fifty +: a solo woman's journey through the Americas

Denise O'Leary

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FOOTLOOSE FEARLESS @ FIFTY+ is a humorous and vivid account of one woman's attempt to transform her life from middle age monotony by adventuring to Latin America and, just for the sake of it, New York on the way back. It isn't a story of swank hotels and high living; it is a journey of cheap hostels, hotels and airbnb lodgings. There are friendships, earthquakes, planes, boats, buses and bicycles. There is a death-defying motorbike ride, horse trekking, swimming and an awful lot of walking practically every inch of Manhattan. More than anything though, it is an inspirational and empowering record of the simple joy of diving in and not being afraid to sample everything, plus the realisation that if you want to change your life, the only person stopping you, is you.