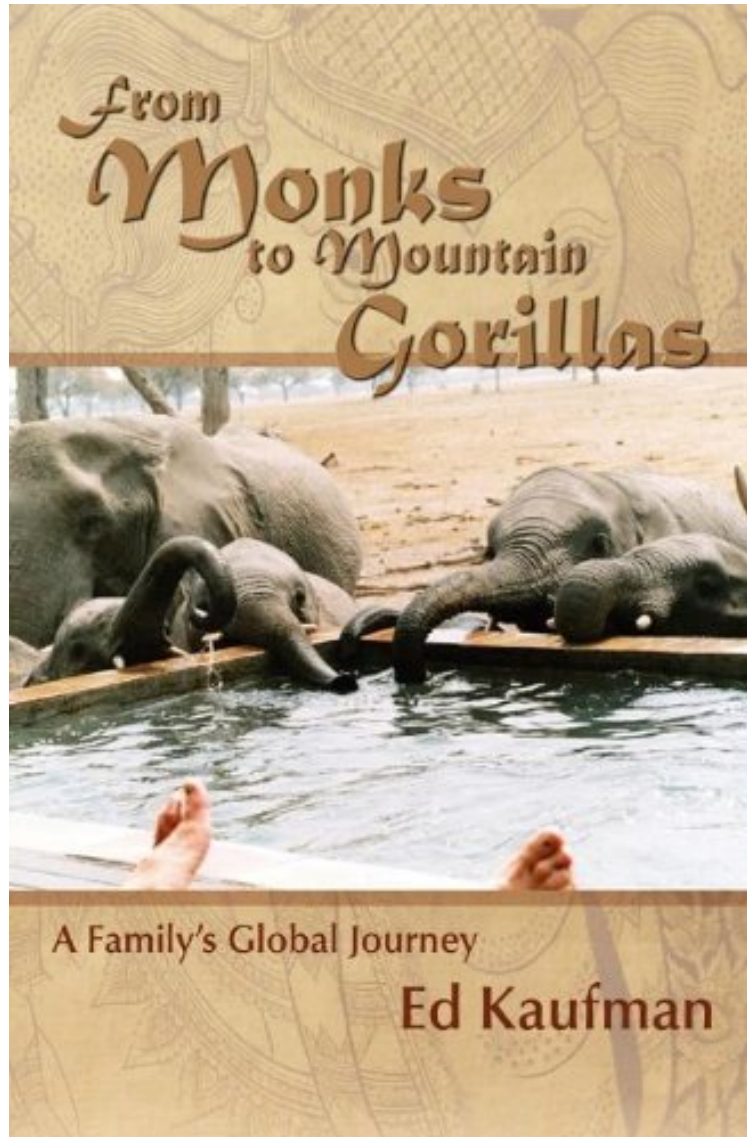


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From Monks to Mountain Gorillas

Ed Kaufman

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Ed Kaufman : From Monks to Mountain Gorillas before purchasing it in order to gauge whether or not it would be worth my time, and all praised From Monks to Mountain Gorillas:

0 of 0 people found the following review helpful. Off the grid travel adventures By Wendy Stark I loved reading From Monks to Mountain Gorillas and savoring each chapter of exotic and remote adventure travels around the world through the eyes of an open and perceptive narrator. It introduced me to different lands, terrains, cultures and peoples. The stories are each concise, perceptive and a joy to read, whether they are read sequentially or individually.

Whether you are a traveler, or enjoy the vicarious pleasure of a hard core adventurous family, this book will offer inspiration and insight to a world larger than most of us have known or experienced. 1 of 1 people found the following review helpful. Great, real-life, family adventure By Nobody As indicated by the title, Ed Kaufman's book takes us around the world with real, life family adventures. Each one is a great length (short), so that unlike the old and endless family slide show bloat, these snippets give one just a perfect taste of a place and leave one hungry for more. A blend of dramatic tension and local culture bring the experience of travel right to the arm chair. Relevant for all ages, my high school son snuck my copy away, so that he could enjoy it too. You should get a copy for yourself as well. 2 of 2 people found the following review helpful. Kaufman: not-so-accidental tourist By wsheldrake Like the packed flip sides of large format postcards, Kaufman's unpretentious prose will lull you into dangers men half his age wouldn't trade the recliner for. Friend of the world, this not-so-accidental tourist dives into glob trots with a new wife who, as the circumstances demand, calmly sleeps with hyenas or shows her breasts to Ethiopian tribeswomen, and his fearless new son who eats crocodile, calls in elephants and dances with Thai girls who know the "F" word. From Monks to Mountain Gorillas will have you wishing you were dancing the twist in Papua New Guinea. Wayne K. Sheldrake author, Instant Karma: the Heart and Soul of a Ski Bum

Ed Kaufman's linked memoir and travel essays sweep the reader along to coveted destinations on five continents in a fast-paced blend of adventure, humor, and poignant insights. At times the author, his wife Karen, and their young son Adam face danger--as when a herd of thirsty elephants surrounds them in Zimbabwe, and when Ed lands in crocodile-infested waters in Costa Rica. At other times they undertake an inner journey, participating in ancient rituals in Ethiopia, Tibet, and Papua New Guinea. The author, who has dual credentials as a psychiatrist with a MFA in creative nonfiction, brings a unique perspective to this odyssey, one courting risk yet circling back to family and home.

About the Author Psychiatrist Ed Kaufman grew up in Philadelphia, lived in New York, and currently resides in Laguna Beach, Calif. Around the time he began his exotic travels, Kaufman began his MFA in creative nonfiction. His two areas of expertise come together in this engaging reportage of a family's inner and outer journeys.