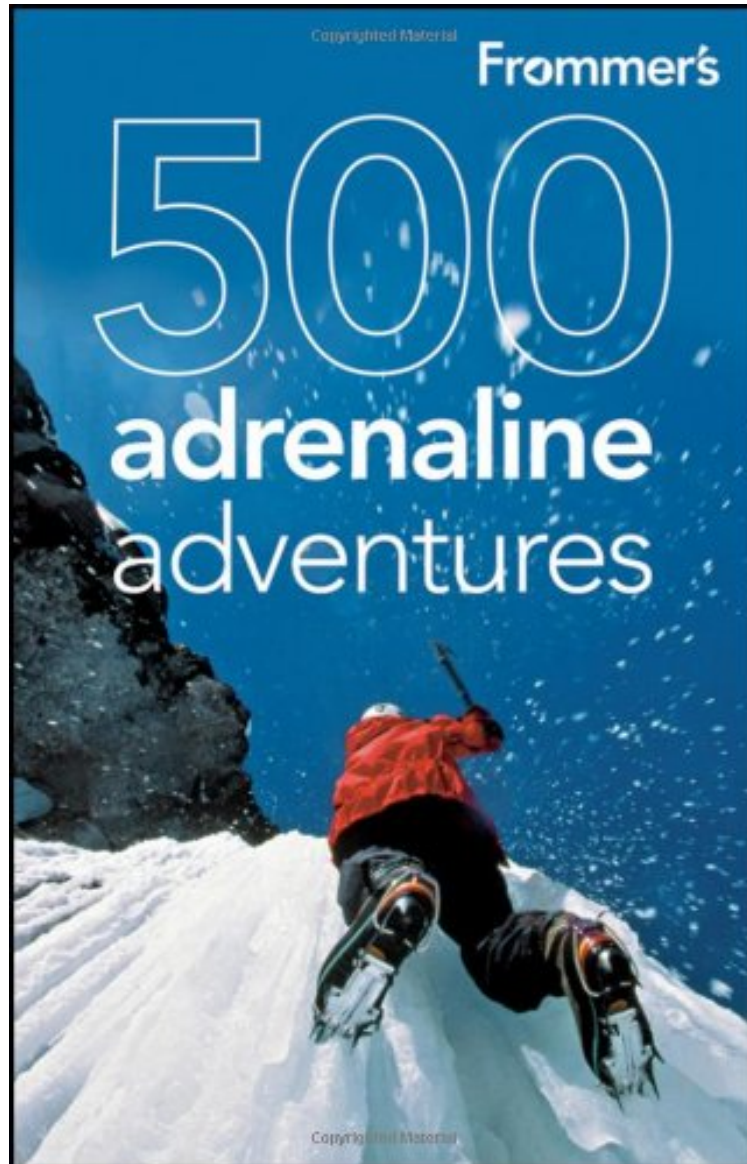


[PDF] Frommer's 500 Adrenaline Adventures (500 Places)

Frommer's 500 Adrenaline Adventures (500 Places)

Lois Friedland, Marc Lallanilla, Jennifer Swetstoff, Charlie OMalley
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Lois Friedland, Marc Lallanilla, Jennifer Swetstoff, Charlie OMalley : Frommer's 500 Adrenaline Adventures (500 Places) before purchasing it in order to gage whether or not it would be worth my time, and all praised Frommer's 500 Adrenaline Adventures (500 Places):

Frommer's 500 Best Adrenaline Adventures features high-octane experiences for both passionate travelers and

adventure seekers. From dare-devil sports to hair-raising haunted houses to wacky and obscure festivals and races, Frommer's offers ideas for a wide variety of adventures. Chapters include: In the Air: Hangliding, Bungee Jumping Ziplining On the Water: Diving, Snorkeling Whitewater Rafting Mountains Canyons: Skiing, Snowboarding, Climbing Hiking Ground Adventures: Mountain Biking, Motorcycling Sand-surfing Expeditions Drives: Safaris, River Trips Desert Treks Adventure Camps: Stuntman School, Cattle Wrangling Covert Ops Races Festivals: Iditarod, Bay to Breakers Extreme Eating Contests With the Animals: Diving with Sharks, Canoeing with Hippos Swimming with Dolphins Offbeat Adventures: Gloucester Cheese Roll Tomato Food Fight Rides, Spooks Scares: Haunted Houses, Rollercoasters Catacombs

From the Back Cover 500 Incredible Ways to Get an Adrenaline Rush This guidebook takes you on an action-packed tour of some of the world's most exciting adrenaline-pumping adventures. From daredevil sports (bungee jumping, whitewater rafting, sand-boarding) to hair-raising exploits (haunted houses, roller coasters, catacombs) to wacky and obscure festivals and races (tomato food fighting, extreme eating), it's packed with high-octane experiences you don't want to miss. The book includes contact information and details on accommodations and services to make trip-planning easy. A geographical index helps you find destinations quickly. Experience the Thrill of a Lifetime Cattle Wrangling in Colorado (United States) Caving in the Mayan Underworld (Belize) Climbing Mt. Fuji (Japan) Dracula Tours in Transylvania (Romania) Flying a MIG over Moscow (Russia) Ostrich Racing (South Africa) Tobogganing in Quebec (Canada) World Bog Snorkeling Championship (United Kingdom) About the Author Lois Friedland is a freelance journalist and About.com's Adventure Travel guide. She specializes in skiing, travel, and golf. Her work has appeared in regional and national magazines and newspapers. She has written special sections for The New York Times, Travel + Leisure, and Texas Monthly. Marc Lallanilla is a New York-based freelance writer and editor. He has written extensively on health, science, the environment, design, architecture, business, lifestyle, and travel. His writing has appeared in the Los Angeles Times, ABCNews.com, Weather.com, About.com, and other print and online publications. Charlie O'Malley lives in Mendoza, Argentina, in the foothills of the Andes. Though he's surrounded by some of the highest mountains in the world and some of the best rafting, he is mellowing with age and now gets his kicks from visiting wineries. Originally from Ireland, Charlie has contributed to Frommer's guidebooks about Argentina, Bolivia, Nicaragua, and El Salvador. Jennifer Swetzoff is a New York-based writer and editor who focuses on travel and international affairs. She has worked for Frommer's, the Council on Foreign Relations, and Eurasia Group, and she freelances for various publications. When she's not in the office, she's exploring new parts of the world in search of her next adrenaline rush.