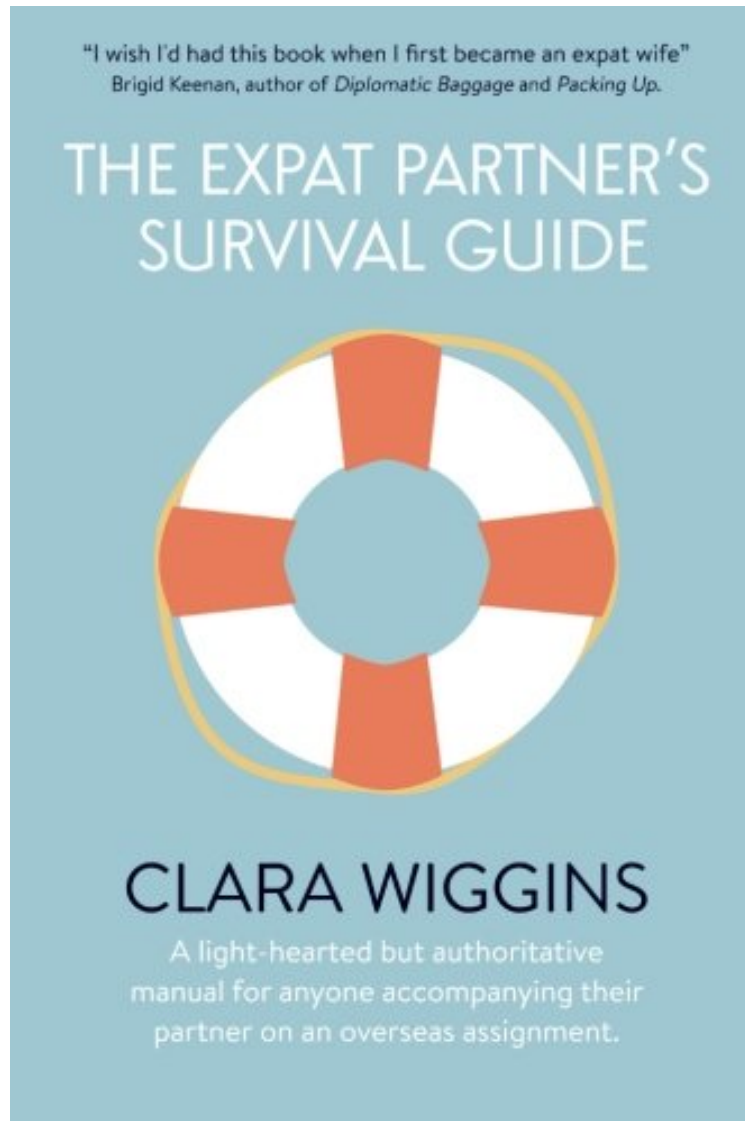


[Ebook pdf] The Expat Partner's Survival Guide: A light-hearted but authoritative manual for anyone accompanying their partner on an overseas assignment.

The Expat Partner's Survival Guide: A light-hearted but authoritative manual for anyone accompanying their partner on an overseas assignment.

Clara Wiggins

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Clara Wiggins : The Expat Partner's Survival Guide: A light-hearted but authoritative manual for anyone accompanying their partner on an overseas assignment. before purchasing it in order to gage whether or not it would be worth my time, and all praised The Expat Partner's Survival Guide: A light-hearted but authoritative manual

for anyone accompanying their partner on an overseas assignment.:

0 of 0 people found the following review helpful. An indispensable resource for expats
By L Ferland
The Expat Partner's Survival Guide by Clara Wiggins is nothing short of volume full of incredible resources, personal accounts, and tips from an expert expat and 70 contributors. Clara is a fourth generation expat and has lived in twelve countries on five continents. Her worldliness shows in her approach to this guide and anyone who is considering a life overseas should read this book first before making the leap. As I was reading it, I wish I had this guide before we moved to Sweden. It was one of those, "Man, why couldn't I have read this before we moved instead of after?" thoughts. It remains at the top of my recommended resources for anyone considering a move abroad or relocation. Clara's narrative style is like that of a good friend guiding you through one of the most difficult life-decisions you've ever made over a nice cup of coffee (or tea since she is British). She is calm, humorous, and keeps things in perspective. The world "trailing spouse" is one that should be abolished as Clara makes it clear that accompanying partners are anything but "trailing." Clara walks you through many of the decisions that you'll need to make when moving abroad. This book covers almost every topic and the kitchen sink. I would recommend purchasing both paperback and ebook. Why? Because it is so helpful to have a physical book in your hands for easy reference and the ebook is hyperlinked to a gazillion websites that are much easier to click than type in by hand. While there is no way to prevent culture shock, at least you can expect the unexpected with this book. Clara's extensive personal experience combined with her contributor interviews of over 70 expats will leave you feeling like you just consulted with some of the world's top experts on living abroad. The tips, stories, and anecdotes within this book are beyond helpful in reassuring you that while there will be bumps along the road, you are on the right path for a successful relocation and can handle whatever life throws at you.

0 of 0 people found the following review helpful. Both useful and enjoyable to read
By Curtis Bausse
Being a manual or guide book, this is obviously different from a novel, so the main criterion here is usefulness. As an expat partner myself, I can say that in that respect, it does the job perfectly. It covers every topic you can think of, and others that might not cross your mind but are crucial all the same. And each chapter comes with a list of further reading suggestions and links to websites that enable you to stay fully up to date. But over and above the book's usefulness, what I very much liked was the writing itself - at times it felt less like a guidebook than a novel. In other words, though not a novel, a guidebook has to be readable, and this one certainly is. Lots of anecdotes, and different characters and situations that bring each topic alive. It strikes just the right balance, being both chatty and informative, and indeed could be helpful not only to people moving abroad but to anyone interested in expat life. The focus on the expat partner ('trailing spouse') gives it a specific perspective, but the themes covered are relevant to all aspects of expat life. Recommended reading, for example, for people whose expat friends are returning home, to understand the sort of experiences they've had and why coming back can bring its own difficulties. A well-researched and enjoyable book.

0 of 0 people found the following review helpful. This is my new Bible!
By Princess banana hammock
As an expat Partner often struggling following my husband around I only wish I had this book from the beginning. I really think it would be an excellent guide for organizations to give to new staff in their new country, before they embark on their new adventure. It's really comforted me knowing I'm not mad, nor am I a negative Nellie when I read about similar experiences. It's got brilliant tips and links to various internet sites that will help with information on moving and settling in to even how to shop! How the best way to tackle loneliness in your new home because it's really good listening to other people's mistakes because we often learn more by listening to what's gone wrong so we can avoid those pitfalls ourselves. It's not a negative book in the slightest it's a guide to help improve your life as an expat partner who is often prohibited from working abroad. It's well written and easy to read I highly recommend it for anyone embarking on a new life abroad or even if you are currently an expat it's still really beneficial. Plus it covers the whole wide world!

"Amazing - so full of information: I wish I'd had this book when I first became an expat wife" - Brigid Keenan, author of *Diplomatic Baggage and Packing Up*. From how to organise an overseas move to what to do in the event of an earthquake, the *Expat Partners Survival Guide* is a light-hearted yet in-depth guide for anyone accompanying their partner on an overseas assignment. In our increasingly globalised society, more and more people are moving to another country to work and many of these people are taking their partners and families with them. What does it feel like to sit at home alone in a strange country on the first day your partner leaves for work? How easy is it to find the right school for your child and what happens if your child hates it there? Where exactly are you going to track down all the ingredients needed for tonight's dinner? And what happens when it all goes very, very wrong? This authoritative guide draws on the expert advice of more than 70 expat partners who have been there, done that and survived to tell their tales. The experts include author Clara Wiggins, who spent her childhood as a trailing daughter accompanying her diplomat parents on various exotic postings including the Philippines and Venezuela. She later saw life from the other side, when was posted to Jamaica and then took her young family on her husband's postings to Islamabad and St Lucia. She is currently preparing for another move, to South Africa.

About the Author Born in Cuba to British diplomat parents, Clara started travelling as a baby and hasn't stopped since. She's lived in eleven countries on five continents, and visited nearly 70. She will soon be on her way to country number twelve South Africa. Along the way, Clara has picked up a husband and produced two daughters. She's worked as a journalist, a diplomat, a writer, a press officer, an antenatal teacher, a customer service advisor, a PA, a coffee shop waitress and a school cook. Which only lasted for a day. If Clara had any spare time she would spend it diving and getting better at taking photographs. In reality, she spends her days writing, looking out of the window and picking things up off the floor.