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## **The Four Peaks: One Man's Journey to the Summits of Ireland, Scotland, Wales and England**

*Rex Bellamy*

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before purchasing it in order to gage whether or not it would be worth my time, and all praised The Four Peaks: One Man's Journey to the Summits of Ireland, Scotland, Wales and England:

At the age of 62, the author set off to climb the highest points of Great Britain. This book explains why he wanted to do this and gives advice on photographic equipment. Bellamy also describes his four walks and climbs and offers a language glossary.