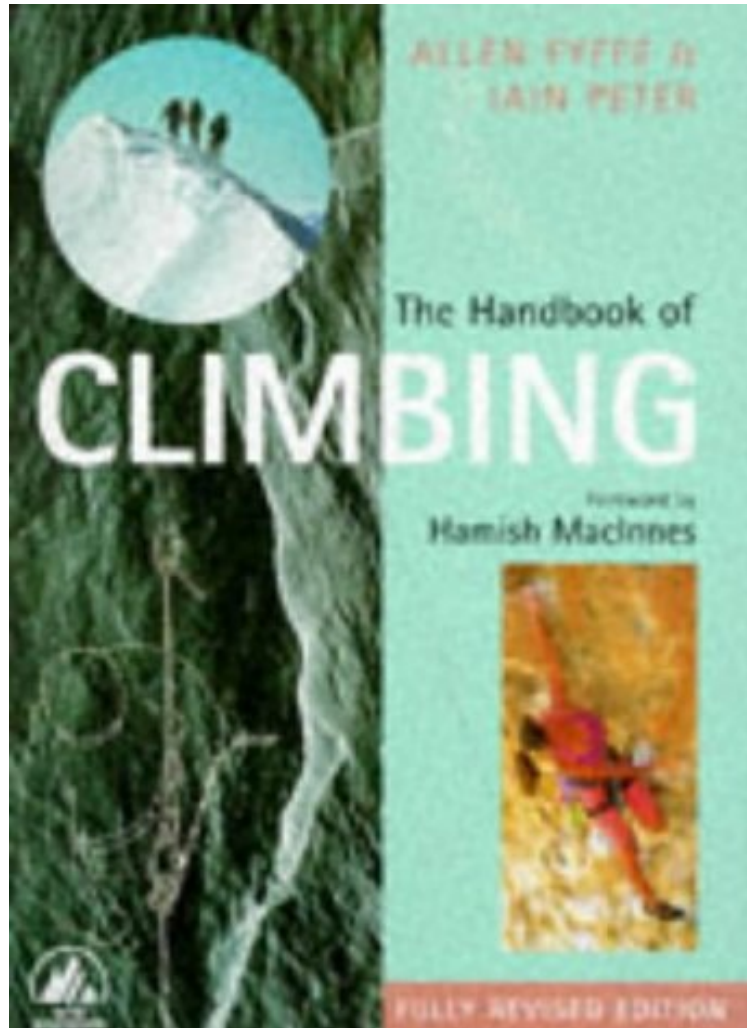


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The Handbook of Climbing: Fully Revised Edition

Allen Fyffe, Iain Peter
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Allen Fyffe, Iain Peter : The Handbook of Climbing: Fully Revised Edition before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Handbook of Climbing: Fully Revised Edition:

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This is a climbing handbook, encompassing the history of the sport, the equipment needed, acquisition of skills, rescue, winter and alpine climbing and hillwalking. It describes the principles and methods of movement on rock, snow and ice, and the correct use of equipment and forms of protection. In many cases a variety of relevant techniques

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