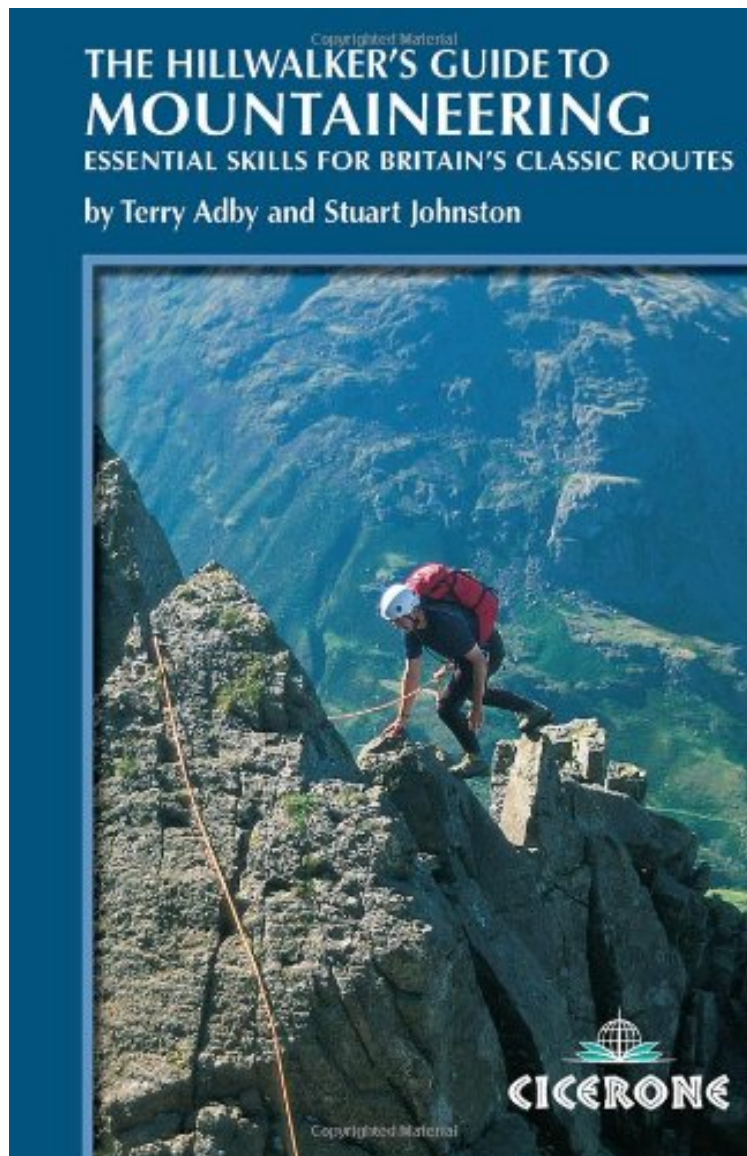


(Free) The Hillwalker's guide to Mountaineering: Essential skills for Britain's classic routes (Techniques series)

The Hillwalker's guide to Mountaineering: Essential skills for Britain's classic routes (Techniques series)

Terry Adby, Stuart Johnson

*DOC | *audiobook | ebooks | Download PDF | ePub*



DOWNLOAD



READ ONLINE

#6908692 in Books Cicerone Press 2004-03-01 2004-03-01 Original language: English PDF # 1 8.42 x .59 x 5.48l, .99 #File Name: 1852843934256 pages | File size: 44.Mb

Terry Adby, Stuart Johnson : The Hillwalker's guide to Mountaineering: Essential skills for Britain's classic routes (Techniques series) before purchasing it in order to gage whether or not it would be worth my time, and all

praised *The Hillwalker's guide to Mountaineering: Essential skills for Britain's classic routes* (Techniques series):

There was a time when climbing and walking were completely distinct activities. But as the number of people getting out to enjoy the wonders and challenges of Britain's mountains has grown, the definition of a mountain 'walk' has changed. *The Hillwalker's Guide to Mountaineering* features the techniques, gear and approaches that the active and ambitious hillwalker needs to be equipped with to competently tackle Britain's classic mountaineering challenges, from the tricky step of Broad Stand on the traverse from Scafell Pike to Sca Fell, to the mighty Tower Ridge on Ben Nevis. *The Hillwalker's Guide to Mountaineering* guides the hillwalker through technical terrain where the unaware can all too easily fall off - awkward grade 1-3 scrambling territory. Use of the rope to abseil, belay and protect ascents and descents on steep ground, the placement of protection, gear selection, navigation, survival, scrambling and first aid skills are all dealt with in a highly practical manner, as are the basic skills required for safe travel by the winter hillwalker.

About the Author This book has been co-written by two authors who bring distinctive and complementary perspectives to the subject of making a safe and satisfying transition from hillwalking to mountaineering. Stuart Johnston, MIC, is one of Britain's foremost mountaineering guides, instructors and trainers. Terry Adby is a freelance writer with an interest in outdoor, adventure, environmental and travel themes.