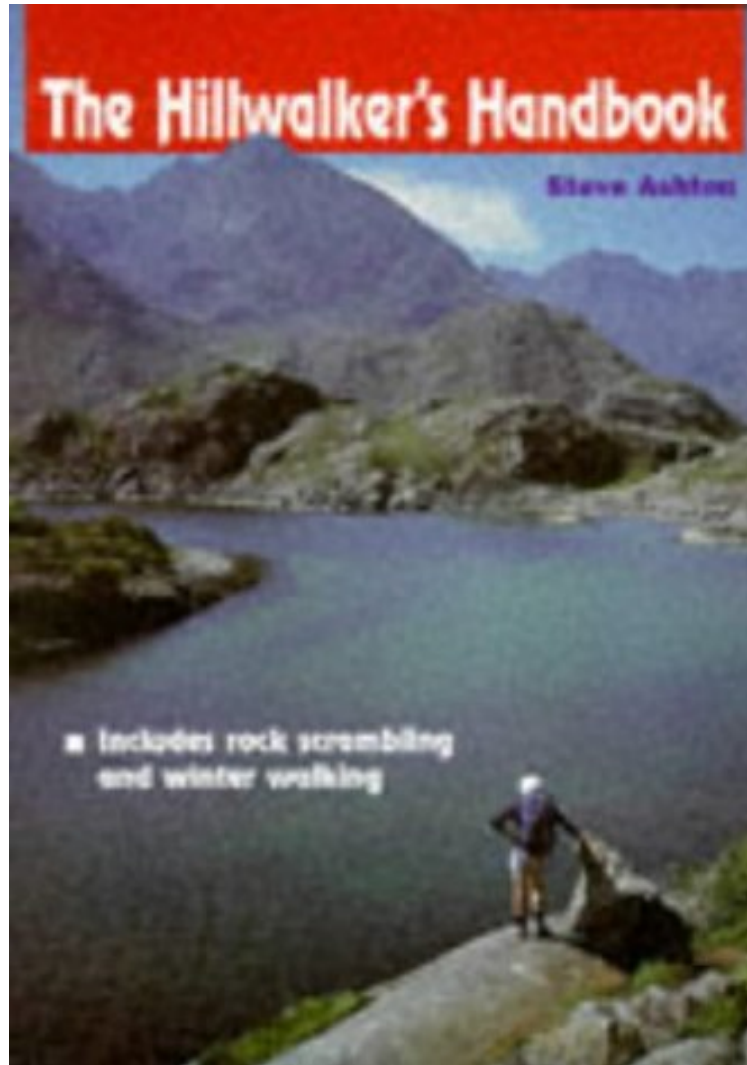


The Hillwalker's Handbook

Steve Ashton

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Steve Ashton : The Hillwalker's Handbook before purchasing it in order to gage whether or not it would be worth my time, and all praised The Hillwalker's Handbook:

Hillwalking is an increasingly popular sport and this illustrated handbook provides all the basic information needed for safe and enjoyable walking in the hills, in summer and winter. It includes advice on where to go, the equipment needed, how to find and follow a route, and discusses the techniques of rock scrambling and rope protected scrambles.

Basic ropework and essential emergency procedures are also covered for the safe enjoyment of winter walking.