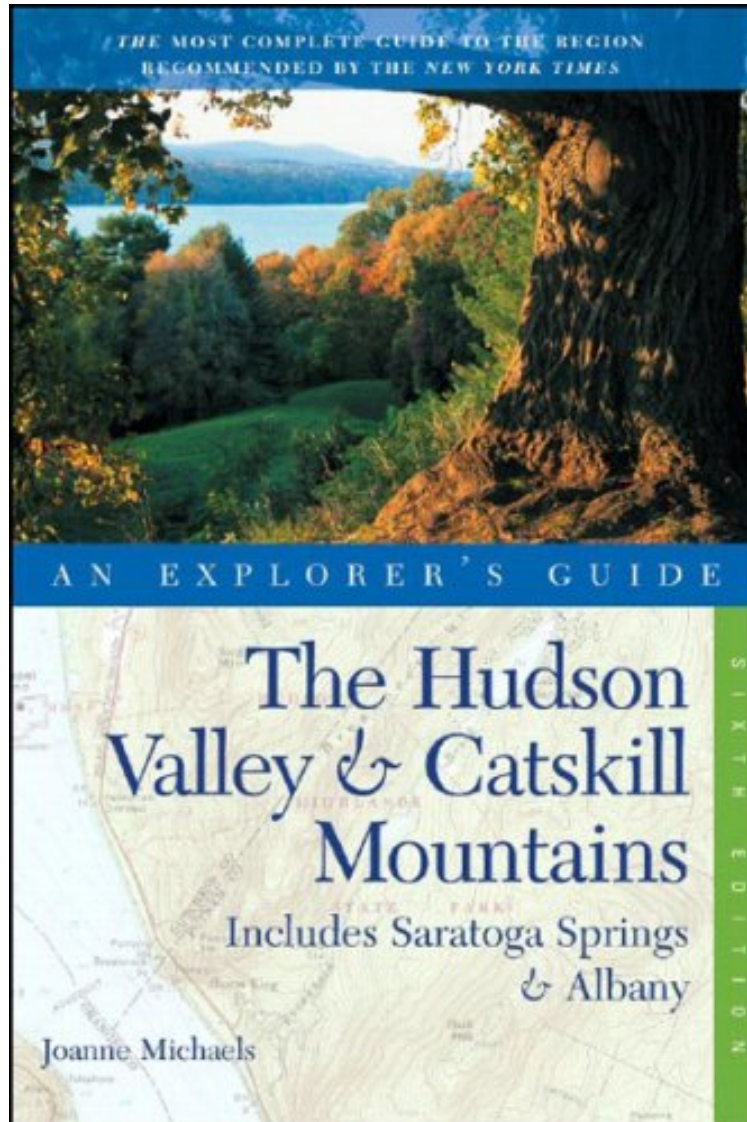


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## The Hudson Valley Catskill Mountains: An Explorer's Guide: Includes Saratoga Springs Albany, Sixth Edition (Explorer's Guides)

*Joanne Michaels*

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0 of 0 people found the following review helpful. Very fine all-around guide to the region. I used this as an introductory guide to the region's sights and places to stay and dine, and I have come back to it for more. It breaks the region down in units that makes sense, and gives good qualitative summaries on overall towns and places as well as stopping points to eat, shop, and do. For really taking in the natural surroundings, though, you need AMC's Best Day Hikes in the Catskills and Hudson Valley, 2nd: Four-Season Guide to 60 of the Best Trails from the Hudson Highlands to Albany.

Recommended by the New York Times, this is the "insider's guide" to the Hudson Valley and Catskills, including the best of Saratoga Springs and Albany. Rich with historical and cultural attractions, the Hudson Valley and Catskills region is also a burgeoning mecca for travelers seeking outdoor adventure and family fun; five-star dining and the best American cuisine using the freshest locally grown produce; luxurious resorts, cozy bed breakfasts and inns; as well as galleries, antiques shops, wineries, farm stands, hiking and bike trails, and places to kayak and canoe. With detailed maps and hundreds of honest reviews of accommodations, eateries and activities to appeal to independent travelers and those seeking value for money, this guide casts a wide net to cull the best this dynamic region has to offer. 13 maps, 75 black white photographs, index.

About the Author Joanne Michaels is co-author of the Countryman titles Hudson River Journey and Adirondack High, and author of several books, including Let's Take the Kids: Great Places to Go with Children in New York's Hudson Valley. She is also the host and producer of The Joanne Michaels Show, a regionally syndicated cable television program. The former editor-in-chief of Hudson Valley magazine, she lives in Woodstock, NY.