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The International Health Guide for Senior Citizen Travelers

W. Robert. Lange

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W. Robert. Lange : The International Health Guide for Senior Citizen Travelers before purchasing it in order to gage whether or not it would be worth my time, and all praised The International Health Guide for Senior Citizen Travelers:

Don't leave home without it! Important pre-departure health planning; advice on health concerns; disease prevention; travel-related problems; climate and environmental safeguards; selected infectious disease risks; medical preparedness and assistance. Includes an essential checklist for senior travelers.