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The Last Man Across the Atlantic

Paul Heiney

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'A great read for
land-bound yachtsmen'
– *Yachting Monthly*

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PAUL HEINEY

FOREWORD BY SIR ROBIN KNOX-JOHNSTON

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Paul Heiney : The Last Man Across the Atlantic before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Last Man Across the Atlantic:

In 1960, when Sir Francis Chichester first raced single-handed across the Atlantic, it was widely regarded as a voyage

only for the insane. Nowadays, the Singlehanded Transatlantic Race is not only accorded the greatest of respect, but its also recognized as a true test of stamina, seamanship, and navigation. But this doesnt mean that its exclusively a race for heroes. In 2005, Paul Heiney, an amateur sailor by any measure, entered the race to prove that the spirit of the transatlantic pioneers can still get you from one side of the Atlantic to the other, if you try hard enough. He sailed in a standard family cruiser, in which he had the utmost confidence; but his trust in his own abilities was much less certain. The Last Man Across the Atlantic is an engrossing account of what it was like to be out there alone.