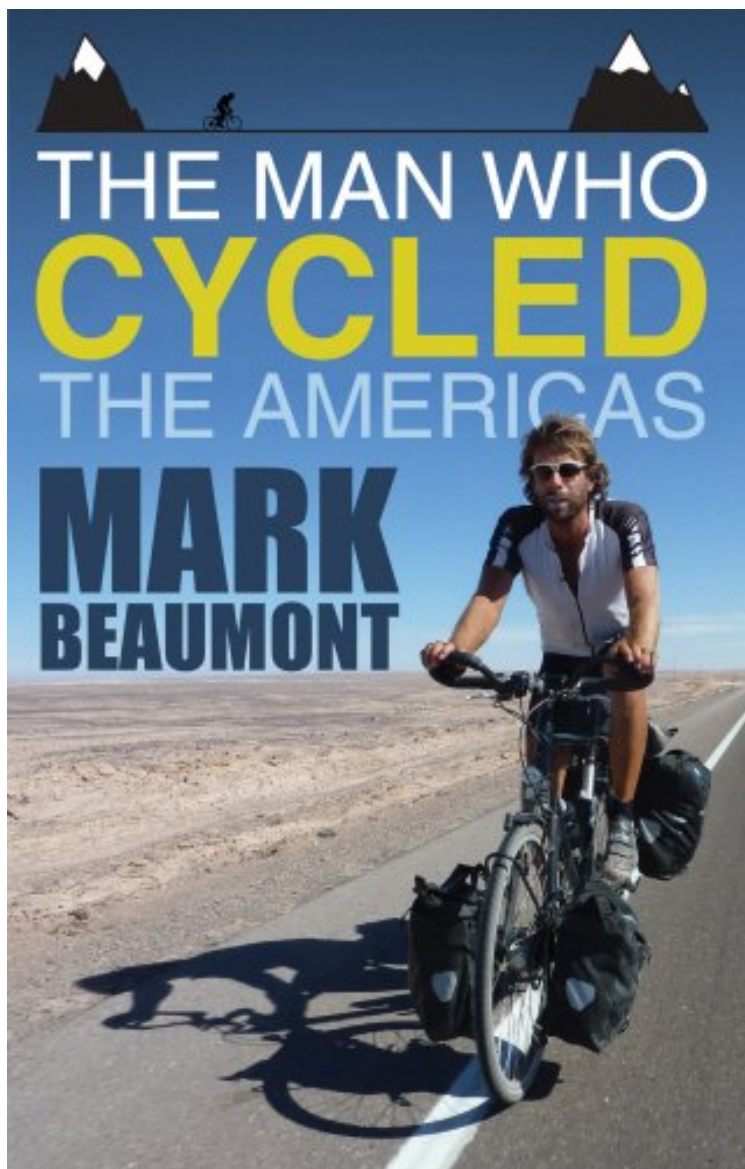


(Library ebook) The Man Who Cycled the Americas

## The Man Who Cycled the Americas

Mark Beaumont

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**Mark Beaumont : The Man Who Cycled the Americas** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Man Who Cycled the Americas:

1 of 1 people found the following review helpful. Easy to read bicycle travel book By Patrick Thibaut Good book! If you liked the other one, about the world cycle, you will like this too. The book is so much more detailed than the documentary! 1 of 1 people found the following review helpful. Keep pedalling! By Aileen Frey Mr. Beaumont is a

seasoned tourist who is always racing the clock. His encounters with local people and obstacles keep this book going. He is definitely a very good cyclist. This reader hopes he will keep pedalling across the continents and writing about his journeys. 2 of 2 people found the following review helpful. InspiringBy JenniferWhat a terrific read....This book has inspired me to follow my dreams. Mark Beaumont has such energy and enthusiasm for life.

The story of a second epic and record-breaking endurance adventure by the author of the bestselling and award-winning *The Man Who Cycled the World*. In 2008, Mark Beaumont smashed the world record for cycling around the world, by an astonishing 81 days. His race against the clock took him through the toughest terrain and the most demanding of conditions. In 2009, Mark set out on his second ultra-endurance challenge. And this one would involve some very big mountains. *The Man Who Cycled the Americas* tells the story of a 15,000 mile expedition that once again broke the barriers of human achievement. To pedal the longest mountain range on the planet, solo and unsupported, presented its own unique difficulties. But no man had ever previously summited the continents' two highest peaks, Mt. McKinley in Alaska and Aconcagua in Argentina, in the same climbing season, let alone cycling between them. Oh, and Mark had never even been up Ben Nevis before. Full of his trademark charm, warmth and fascination with seeing the world at the pace of a bicycle, Mark Beaumont's second book is a testament to his love of adventure, his joy of taking on tough mental and physical feats, and offers a thrilling trip through the diverse cultures of the Americas.

"Interesting, engaging and truly knackered just reading about it" \* London Cyclist \* "One of the highlights of Beaumont's writing is the way he captures the subtle nuances of life... a brilliant read that really captured my imagination" -- Mary Bor \* curiousbookfans.co.uk \* About the Author MARK BEAUMONT grew up in the foothills of the Scottish Highlands. When he was twelve, he cycled across Scotland, then a few years later completed the 1,000 mile solo ride across Britain from John O'Groats to Land's End. His next long-distance ride took him the length of Italy, a journey of 1,336 miles, helping to raise 50,000 for charity. After graduating from Glasgow University, he decided against a conventional career and devoted himself full-time to his endurance adventures. In 2008, Mark completed his Guinness World Record-breaking cycle around the world, having travelled 18,297 miles in just 194 days and 17 hours. He has self-filmed and presented three documentaries for the BBC, *The Man Who Cycled the World*, *The Man Who Cycled the Americas*, and most recently *Rowing the Arctic*, the story of the six-man team who crossed the ocean to the magnetic North Pole in August 2011.